

## Newsletter

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### A Message From

## The Principal

As we approach the close of another remarkable academic year 2081, I want to take this moment to reflect on the incredible journey we've had together. This year has been a time of growth, learning, and accomplishment for all of us, and I am filled with gratitude as I look back at what we've achieved as a school community. Firstly, I would like to extend my heartfelt thanks to all of our parents for your involvement throughout the year. You have been an integral part of our school community, and your partnership in your child's education has made a profound difference in their growth. Your encouragement, your engagement, and your commitment to our shared values have been key to making this year a success, and I look forward to continuing this collaborative spirit in the years to come.

This year, we have made tremendous strides as a school. Academically, our students have shown remarkable growth in all subjects. Our academic programs have been strengthened, with tailored support that ensures every student can thrive. The introduction and continued success of our Academic Support Program have made a positive impact, offering individualized attention and strategies to help students reach their fullest potential. We've seen increased engagement during WIN (What I Need) Time, where students have the opportunity to focus on their specific learning needs. Our Advisory Support program has also been instrumental in fostering a safe, supportive space for students to discuss their concerns and aspirations, helping them build resilience and self-confidence.

Equally important to academic success is the holistic development of our students. This year, we've placed a special emphasis on wellness through our Social and Emotional Learning (SEL) classes. These classes have been pivotal in nurturing emotional intelligence, empathy, and mindfulness, ensuring that our students not only excel academically but also grow into well-rounded individuals. The focus on SEL has allowed our students to better manage stress, build healthy relationships, and develop a deeper sense of self-awareness. We truly believe that supporting students in these areas is just as important as supporting them academically.

We've also had many exciting and enriching events this year that have added to the vibrant school culture we're so proud of. The Matilda show was a spectacular production that showcased the incredible talents of our students. The energy, dedication, and creativity on display were nothing short of aweinspiring. Watching the students bring this story to life was a reminder of the power of the arts in nurturing confidence, teamwork, and self-expression. Our Orchestra performance was another highlight, as students demonstrated their musical growth and passion for performance. The hard work and practice that went into each piece were evident in the final presentation, and it was heartwarming to see the school community come together to celebrate their musical achievements.

In addition, our Pi Day celebrations were a wonderful way to engage students in a fun yet educational way. The excitement and energy that filled the school as



students participated in mathematical challenges and other creative activities reminded us all that learning can be fun and full of joy. Our Literary Festival (KALF) was a shining example of our students' love for reading, writing, and creative expression. The event featured incredible student-written stories, poetry readings, and book discussions that allowed our students to shine as young authors and thinkers. The KALF event not only encouraged a deeper appreciation for literature but also fostered a sense of community among students, teachers, and parents.

To our students, congratulations! You have reached an important milestone, and I want to acknowledge your hard work and achievements. Whether it was in the classroom, on the stage, in the orchestra pit, or during a sporting event, you have demonstrated resilience and passion. You have taken every challenge as an opportunity to grow, and this is something to be incredibly proud of. Each one of you has made progress—both academically and personally—and it has been a privilege to watch you all flourish.

As the school year draws to a close, I am proud to say that we have had a smooth and successful end to this chapter. Every event, every lesson, and every initiative we undertook has contributed to the overall success and well-being of our school. It has truly been a year of progress and growth in every sense, and I am grateful for the incredible community of students, parents, and IWS team that make this possible.

Looking ahead, we are excited about the opportunities the upcoming year holds. With continued focus on academic excellence, emotional well-being, and holistic development, we are poised for another successful year. We will continue to refine our programs, celebrate the achievements of our students, and strive to create an environment where every student is encouraged to reach their full potential. And I look forward to seeing all that our students will achieve in the future, and I am eager to embark on the next chapter with you all. Have a restful and rejuvenating vacation, and I can't wait to see you back in school next year.

Junita Karki

Principal

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# Are video games good for children?

**Ujas sharma** Grade 3 (Trisuli)

I think video games are not good for Children because children waste a very big time playing video games and learn nothing from playing it. Instead of playing video games, they could play cricket, football, tag or any other physical fitness activities. We should play video games, for only a short period of time. If we watch video games too much, our eyes will hurt, we will have less patience, get addicted and get low intelligence. The blue screen makes us addicted and video games make us learn bad things, such as gans how to prank pepo and annesicary words. I also watch and play less video games because my parents does not let me play them.

## The Beauty of Multicultural Heritage



Divyajyoti Pal Grade 9 (Gandaki)

In today's interconnected world, cultural diversity is more than just a buzzword—it's a way of life. Many people grow up in households where multiple traditions, languages, and customs blend seamlessly, creating a rich and unique identity. This fusion of cultures shapes perspectives, traditions, and even the way people interact with the world.

#### The Strength of a Mixed Heritage

People with multicultural backgrounds often develop a deep understanding of different cultures, making them more adaptable and open-minded. They can easily switch between languages, celebrate multiple festivals, and appreciate the nuances of different traditions. For example, someone of both Chinese and Nepali descent might celebrate Dashain with their Nepali relatives while also observing Chinese New Year with their Chinese family. This blending of traditions not only strengthens personal identity but also fosters a sense of unity and belonging in diverse communities.

Cultural Challenges and How to Overcome Them

While a mixed heritage is beautiful, it can also present challenges. Identity struggles, societal expectations, and language barriers are common issues faced by multicultural individuals. Sometimes, they may feel pressured

to "choose" one culture over another or struggle to fit into a single group. However, embracing both sides of one's heritage instead of seeing them as conflicting can help create a stronger sense of self. One way to overcome these challenges is through storytelling. Sharing family stories, traditions, and experiences helps preserve cultural identity and pass it on to future generations. Similarly, engaging in cultural activities such as traditional dance, food preparation, or language learning can strengthen connections to one's roots.

#### The Future of Multiculturalism

With globalization bringing people from different backgrounds closer together, multicultural identities will continue to grow. The world is moving towards greater acceptance and appreciation of diverse cultures. Schools, media, and communities are increasingly recognizing the importance of representation and inclusion. In the future, multicultural individuals will play a vital role in bridging gaps between different cultures and promoting global understanding. Being part of multiple cultures is not a challenge—it's a superpower. It allows people to see the world from different perspectives, build strong relationships across cultures, and contribute to a more inclusive society. Instead of choosing between identities, it's time to celebrate them all.

## Should children have longer School holiday?

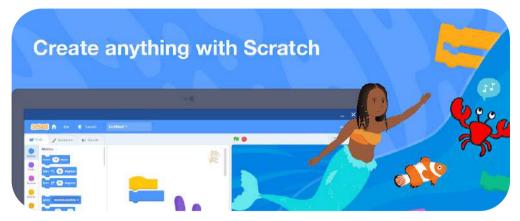
Aaravi Shah Grade 3 (Trisuli)

Many children love school holidays because they get to play and rest. But making School holidays longer may not be a good idea. Here are Some reasons why school holidays Should not be longer. If school holidays are longer, children may forget what they have learned in School. This can make it harder for the children to catch up when they return to school. During long

holidays, many children spend their time watching TV and playing video games. This is not good for their health.

Holidays are important, but they should not be too-long. Children need regular learning, healthy activities and time with friends. A good balance between school and holidays helps Children grow in the best way.

## My First Scratch Experience



Riaan Khanal Grade 2 (Sunkoshi)

My first Scratch project was about how to make a project. Scratch is a really fun website where kids can learn coding easily. It uses colorful blocks, and I was so excited to try it out!

In Scratch, we use different types of blocks to make games, animations, and stories. Some of the blocks I used were:

#### **Events**

These blocks start things, like "When the green flag clicked."

#### Looks

These blocks change how things look, like "Say Hello" or "Change Costume."

#### **Motion**

These blocks help move things, like "Move 10 steps."

#### Sound

These blocks make sounds, like "Play sound meow."

#### Control

These blocks help repeat things or

make choices, like "Repeat 10 times."

#### Sensing

These blocks let things react, like "Touching color?"

#### **Operators**

These blocks do math and comparisons.

#### **Variables**

These blocks store numbers, like scores in a game.

#### My Blocks

These let us make our own blocks.

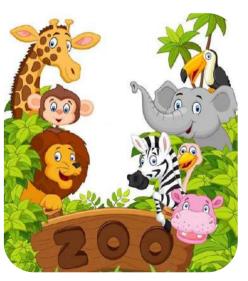
We used many of these blocks to make our project really cool! We also added fun sounds and music. Our teacher made it easy to learn, and we had so much fun.

All my friends love Scratch, and we enjoy sharing our projects. It is so exciting to see our ideas come to life on the screen. I can't wait to make

Scratch makes coding super fun, and I think all kids should try it!

more games and animations!

## Zoo



Ivana Adhikari Grade 1 (Arun)

I like the most about zoo is that we can see the different types of birds and animals it helps me to learn about animals and their behavior Zoo is a perfect place for family outing to spend quality time together for exploring and learning Another part I like about zoo is that it is like walking on a natural park.

## My Mobile Phone



Biyasha KC Grade 1 (Arun)

My phone is my best friend though it sounds weird. I spend my leisure time playing games, watching youtube on my phone . I love to look at my phone everyday . My father gave me a phone when I was 2 years old . Every night before sleeping I watch my mobile phone.

## My Family Trip



**Shreyas B Shakya** Grade 6 (Barun)

My family and I visited a place called Gokarna Forest Resort some time ago. We were very excited, so we packed everything early and eagerly waited for the trip to begin. We left home at around 12:00 p.m. and reached our destination at around 1:00 p.m.

When we arrived, the resort was huge and beautiful, surrounded by lush greenery and teeming with life. We had to wait a while to get our rooms, but once we did, we immediately headed to the pool for a refreshing swim. After the swim, we enjoyed some delicious food.

Later, we explored the resort, admiring the stunning scenery. After a short walk, we returned to our room to rest for a while. There was also an offer for a private movie theater experience, so we decided

to watch a film. The theater was spacious, and they turned off the lights to create a perfect cinematic atmosphere. We watched a fascinating and funny movie that was also quite emotional.

After the movie, my family and I went to have dinner. The dinner was amazing, and we even enjoyed dessert. To end the long day, we went for a short night walk. We were informed that leopards often roam the area at night, so we couldn't venture too far.

After the walk, my family was ready to sleep, and just like that, our family trip came to an end. It was a wonderful and memorable experience. I would highly recommend Gokarna Forest Resort for anyone looking for a relaxing vacation. I can't wait to visit another amazing place like this!

## Orchestra Evening

(AS A VOCALIST)

Saanavi Maskey Grade 6 (Barun)

My school made my dream come true! I always imagined performing on a real stage with a group, and it finally happened. The event was called Orchestra Evening.

We had been practicing for this event for more than two weeks. On the day of the event, we practiced for the entire day—eight hours straight—and the program began at 5:00 p.m. Since there is no Parents' Day this year, the orchestra became a program similar to it. As a vocalist, I was singing during this event. At first, I was so nervous, worried that I might mess up and not perform well. But once I stepped onto

the stage with my group, it felt amazing! It was such a joy to showcase our talent and all the hard work we had put into our performance.

My friends played the violin, and I am incredibly proud of them. They performed nine songs and worked tirelessly to make their performance a success. We vocalists performed four songs: Ujhalo Ko Khoji, 500 Miles, our national anthem, and Asarai Mahina Ma.

I am truly grateful to my school for organizing such an incredible event and giving us this wonderful opportunity.

## Are video games good for children?

Sudeshna Gauchan Grade 3 (Marshyangdi)

Yes, I think video games are good for children. because some of the video games can be educational. The games can be related to English, Maths or even Science and may help us learn these subjects in a fun and creative way! Video games require thinking, planning and decision making. So they make children smarter. Playing video games help us imagine, explore and be creative. Some of the video games require quick reactions and precise movements which

improves motor skills. Video games improve our problem solving skills too. There are some multiplayer games which help children learn teamwork, communication and cooperation. They are a fun way to enjoy. They are a fun way to enjoy as well. We should choose games that are age appropriate and play it under parental guidance. Also, if we limit our Video game play time the harmful effect of screen time can be minimized.

## Should Students have Homework everyday?

Saharsh Bista Grade 3 (Marshyangdi)

I think students should not have homework every day. Homework helps us practice what we learn in school, but too much homework can cause problems. Firstly, if we have homework every day, we do not get enough time to play. Playtime is important because it helps us to relax and have fun. Secondly doing homework every day causes stress and anxiety. When we are stressed,

we cannot enjoy and concentrate. Thirdly, We can not spend time with our family and do our favourite things which helps us stay happy.

In conclusion, homework helps us revise what we do in school but we have to balance work and play time, so that we can be healthy and happy!

## My Love for Cricket



#### Diyan Pratap Shah

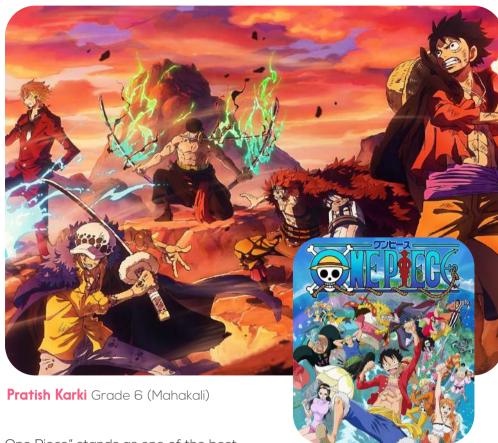
Grade 2 (Tinau)

My favorite thing to do is play cricket. I love cricket very much! I also enjoy watching cricket matches on TV. During my holidays, I play cricket at home with my brother. Playing cricket is so much fun, and I get to spend quality time with him.

I really enjoyed going to the Kirtipur Cricket Ground with my family to watch the Nepal Premier League (NPL) matches. It was so exciting! My favorite players are Dipendra Singh Airee, Binod Bhandari, Macmullen, Ishan Pandey, and many more.

I have become very passionate about cricket lately, and I hope to play more and learn new things about the game!

## Why Is One Piece The Best Anime?



One Piece" stands as one of the best anime series for several compelling reasons. From its unforgettable characters to its intricate worldbuilding, here are some key aspects that make "One Piece" stand out in the anime landscape:

#### **Epic Storytelling**

"One Piece" has one of the longest and most intricate storylines in anime history, yet it maintains its cohesion and sense of adventure. The series masterfully weaves together multiple arcs, each with its unique setting, characters, and stakes, all while building towards a grander narrative. This storytelling depth allows for surprising twists, emotional payoffs, and a world that feels genuinely alive.

#### Rich World-Building

The world of "One Piece" is vast and diverse, with a unique geography, a wide array of cultures, and an intricate political system. Every island the Straw Hat Pirates visit has its own distinct history and challenges. This attention to detail gives fans endless areas to explore, keeping the series fresh and engaging. The concept of Devil Fruits, the World Government, and the search for the legendary One Piece treasure adds layers to the story's complexity.

#### **Unforgettable Characters**

"One Piece" boasts one of the most diverse and lovable cast of characters in anime. From the determined and carefree Monkey D. Luffy to the intelligent and strongwilled Nami, each member of the Straw Hat crew has their own dreams and personal motivations. The backstories are often heartwrenching, and their development is a major draw for fans. Moreover, many side characters, both allies and villains, are equally compelling and memorable.

#### Themes of Friendship and Perseverance

At its core, "One Piece" is about the power of friendship and the

unyielding spirit of perseverance. Luffy and his crew fight for their dreams and for each other, no matter the cost. The series explores themes like loyalty, sacrifice, and chasing one's dreams, resonating deeply with audiences of all ages.

#### Incredible Action and Animation

"One Piece" delivers breathtaking action sequences, often combining fast-paced combat with creative powers from Devil Fruits, Haki, and other abilities. These battles are not just about raw power but are driven by strategy, emotions, and personal growth. The animation quality has evolved over the years, and during major arcs, it reaches some of the most stunning visuals in anime.

#### **Humor and Heart**

"One Piece" has a remarkable ability to balance humor and heart. Whether it's the absurd gags that lighten up the mood or the emotional, tear-jerking moments that resonate deeply, the show knows how to evoke a range of emotions. These emotional beats make the characters feel real, making their victories and losses that much more impactful.

#### Consistency and Longevity

Despite its incredible length, "One Piece" has managed to maintain its quality and stay relevant in the anime world for over two decades. Many long-running anime series lose steam as they progress, but "One Piece" has continued to deliver highquality arcs, keeping fans invested. Its consistency in story, character development, and themes is a testament to its creator, Eiichiro Oda's vision and dedication.

#### Unmatched World Impact

"One Piece" is not only incredibly popular in Japan but also around the world. It has become a cultural phenomenon, influencing other anime, inspiring fan art, and even

crossing into mainstream media. Its sales and viewership numbers are astronomical, making it one of the most successful franchises in entertainment history.

#### Mature Storytelling

"One Piece" isn't afraid to tackle mature themes. The series delves into topics such as oppression, freedom, and moral ambiguity, addressing complex societal issues. This depth allows it to be appreciated by viewers of all ages, from young kids who enjoy the adventures to older fans who appreciate the nuanced storytelling. In conclusion, "One Piece" is the best anime because it combines everything that makes anime great: rich characters, an epic story, emotional depth, fantastic action, humor, and a world that feels as if it has no boundaries. With its unparalleled longevity and timeless appeal, "One Piece" has earned its place as a true masterpiece in the world of anime.

The story of "One Piece" is huge and exciting, with tons of adventures, twists, and surprises. It follows Luffy and his crew as they search for the legendary treasure, One Piece. The story is full of exciting moments, and it keeps you hooked for hundreds of episodes.

#### **Great Characters**

The characters in "One Piece" are some of the best in anime. Luffy and his crew are lovable, and each character has a dream or goal that they work toward. Their backstories are emotional and make you care about them even more. Even the villains are memorable.

#### Friendship and Never Giving Up

A big theme in "One Piece" is friendship. Luffy and his crew always help each other out and never give up on their dreams, no matter what happens. It's inspiring and shows the power of teamwork and determination.

#### Awesome Action

The fights in "One Piece" are exciting and creative. Characters use their special powers in cool ways, and the battles are full of emotion and strategy, not just fighting for the sake of it.

#### **Funny and Emotional**

"One Piece" is funny and makes you laugh, but it also has emotional moments that make you cry. It balances humor and serious moments very well, which makes the show fun to watch, no matter your

#### It Keeps Getting Better

Even though "One Piece" has been airing for many years, it continues to impress with new episodes and arcs. The quality of the story and animation stays high, which is rare for long-running shows.

#### Worldwide Popularity

"One Piece" is loved by fans all around the world, not just in Japan. It has become a huge part of pop culture, inspiring movies, merchandise, and even other anime. It's one of the most popular and successful anime ever.

## The Mysterious Box of Oliver Tenge



Amey Dulal Grade 9 (Gandaki)

Oliver Tenge was a typical young boy who lived close to the edge of a large forest in a tiny settlement. Curiosity was his middle name, and he would spend most of his days in the woods. He came upon something strange one day while strolling down a wellknown path: an ancient wooden box partially buried in the ground.

Oliver had never seen a box like this; it was beautifully carved with weird markings. When he opened it and saw the sparkling stone inside, his heart raced. A rush of wind blew through the woods as soon as he touched it, and a whisper said, "The key to your destiny lies within."

Oliver was excited but confused as he brought the stone home. Unusual things started to happen that evening. His walls were covered in dancing shadows, and he saw brief images of locations he had never been to. In one vision, he saw a map that led to a location he had never dared to visit-deep within the jungle.

Oliver followed the map first thing the following morning, the stone in his hand shimmering slightly. He hiked for hours till he came to a secret clearing with a huge tree. There was a hole in the foot of it, just large enough for

Oliver, his hands shaking, slipped the box inside. The tree cracked open to expose a secret cavern as the ground trembled. There was only a mirror inside, not any gold or treasure. Oliver stared into it and saw an older, wiser, stronger version of himself. Rather than wealth, the stone had shown him the way to his actual potential.

Oliver realized that day that his life had altered. More than just an enigmatic box, he had discovered the key to his future.

## The Unbreakable Bond Between Siblings



Aanvi Kashyap Grade 6 (Barun)

#### What is a sibling?

A sibling is your first friend, your forever companion, and a keeper of shared memories and love. Everyone may not have a sibling, but that's okay, they have their parents, friends and their cousins who love and support them. Siblings share a unique and special connection that can last a lifetime. From childhood memories to shared experiences, they grow up together. Just like many other people, I even have an older sibling who is a brother. He is a great brother, sure he can be annoying sometimes, but deep down we have a connection which is unbreakable. Even if we don't show our love to each other, we still learn to support each other like no one else can.

Siblings build a bond between love, trust, some disagreements and understanding. This bond is built on shared experiences, inside jokes, and a deep-rooted trust that no one else can replace. We have helped and cared for each other ever since we were born. Older siblings sometimes make the younger ones cry but teasing or fighting, but in the end, the connection that was built is the thing that matters. Many siblings have fed and comforted each other when one was sick. The bond between siblings is built in a way that they know when

one is feeling down and yet they still know how to cheer them up. We are always there for each other no matter how far we are from each other, we always stand up for one another, which provides a sense of comfortability and security. They always work together as a team and support one another. We always have a way of finding our way back to each other, whether it's a simple phone call or a message.

As siblings grow older, they relate their lives better and share their problems and they try to fix it together. Despite disagreements or distance, this relationship often remains unbreakable. Sometimes they may annoy you and then tell you it's fair. Having siblings also teaches us that we should stand up for ourselves and each other while we make amazing and unforgettable memories together.

The bond between siblings is so deep that we can talk to each other with our eyes and facial reactions. Siblings grow up in the same environment, meaning they share the same family traditions, struggles, and celebrations. This proves that no matter where life takes them, siblings are there for each other through thick and thin, leaving behind an unbreakable bond that lasts more than a lifetime.

## My Favourite Book

**Arjun Sapkota** Grade 2 (Tinau)

One of my favourite books is The Lion, the Witch, and the Wardrobe by C.S. Lewis. The magical story takes place in the enchanted world of Narnia, where four siblings discover a hidden land inside an old wardrobe. In Narnia, they meet talking animals, mythical creatures, and, most importantly, Aslan – a noble lion who represents goodness and courage.

I love this book because it is full of adventure, fantasy, and important lessons about bravery and loyalty. One of the most important lessons I learned from this book is that goodness and courage can triumph over evil, no matter how powerful it may seem.

## Money Grows on Trees?



Shubaan Shrestha Grade 5 (Bheri)

Money, money, money—it's very valuable, but also very scammable. Take an expensive bag, for example. It's basically just a cheap bag with some leather on it, but people buy it just because it has a famous brand's name on it.

But what if I told you that money actually grows on trees? Obviously, you wouldn't believe me. So let me prove it—or rather, type it out for

We all know and love paper, right? And guess what it's made from?

(No, not China.) It's made from trees! Of course, making paper causes deforestation, but that's a topic for another day. Let's focus on what money is made of.

What do you think it is? If you guessed paper, then congratulations—you're right! And since paper comes from trees, technically, money does grow on trees... if you think about it.

And let's be honest-coins are better anyway!

## Taylor Swift



Olivia Thapa Grade 1 (Arun)

Taylor Alison Swift is popularly known as Taylor Swift. She was born on December 13, 1989. Taylor Swift is the first female artist in history to have over 100 billion streams on the music streaming app, Spotify. She has released 11 albums.

My favorite song is Shake It Off from her album 1989.

## **Teeth**

Prisha Gaire Grade 1 (Tamor)

It is a short story about my teeth. My teeth look very funny because I lost them. Everybody laughs at my teeth but I also laugh at it. When I laugh, my friends laugh even more looking at my teeth.

Sometimes it's difficult to chew, especially meat. But it's easy to drink milk because there's no teeth. My mother said I must drink more milk to get back my lost teeth.

### The Duck

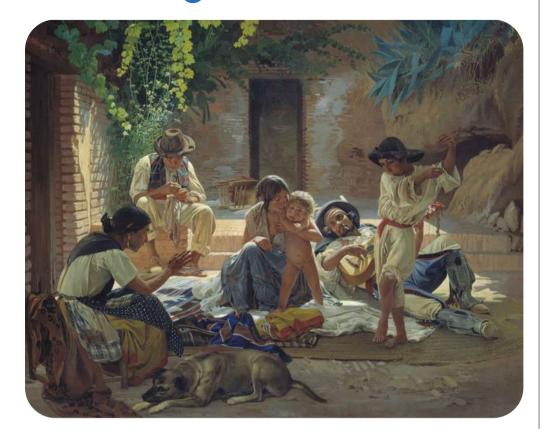
Prasna Maharjan Grade 1 (Tamor)

Once a lady was walking on the bridge with her pet duck. While she was walking somebody pushed her and she fell into the

She cried for help and a squid came near her. She got scared by the squid. It had big eyes and looked very strange. The lady tried swimming but she didn't know how to.

So her pet duck swam and saved her life.

## Romani People: The Forgotten



Agrata Budhathoki Grade 10 (Bhotekoshi)

The Romani, also known as Roma, are an Indo-ethnic group believed to have originated in the northern Indian region of Punjab thousands of years ago. Most people have never heard of this ethnic group or know that they are Europe's largest ethnic minority. With around a million Romani people living in the U.S. alone, their population exceeds 14 million globally.

When introduced to Europe's history, there is barely any recognition of the Roma people. They are often referred to as Gypsies or Travelers around the world, but these names often carry a negative connotation. These people are marginalized and forgotten by many. Despite having strong roots in Europe's history, they are perceived as strangers or outsiders, facing years of prejudice, exclusion, and injustice.

Upon their arrival in Europe many years ago, the Roma people were not welcomed; they were met with hostility and distrust. Often portrayed as thieves, witches, and wanderers without a home, they were banned from certain professions and even expelled from various regions.

Even after suffering so much discrimination, one of the darkest times for them arrived during the Holocaust. During World War II, they were targeted alongside Jews and other marginalized groups. An estimated 500,000 Romani people were murdered in concentration camps and forced labor.

Despite this catastrophe, the suffering of Romani people during the Holocaust remains largely overlooked. Many survivors were left with no compensation whatsoever, and the experiences of the Romani people are often left out of historical narratives about the war. Even after World War II,

Romani people continue to face marginalization and discrimination. Lacking access to basic services like clean water, education, or healthcare, many Romani live in segregated settlements in various parts of Europe.

Negative stereotypes about them persist, with Romani people often being painted as criminals and beggars, which also results in hate crimes and institutional discrimination. There is also a cycle of poverty that never seems to end. Romani children suffer from hate in schools, with many dropping out early due to bullying or lack of resources. Similarly, in the employment sector, due to stereotypes, Romani people find it hard to secure stable jobs and opportunities.

Various NGOs have recognized this situation as a grave problem that needs to end. These organizations have been working to protect the Romani people from discrimination and promote social inclusion. Cultural preservation efforts are also underway, as the Romani people have a rich culture, particularly in their music, language, and traditions. The story of the Romani in Europe is one of resilience. Every Romani household has its own stories to tell, stories that have been left out of history multiple times. By raising awareness about their struggles and contributions, we can ensure that the Romani people don't remain forgotten and lost in the history books but are widely recognized as an integral part of Europe's diverse history-not as Gypsies or wanderers, but as people whose home is in their and families.

## How I Became the U-13 Cricket Player of the Month!



Saksham Nepal Grade 4 (Narayani)

Hello everyone! My name is Saksham Nepal, and I was awarded the \*Maximax Player of the Month\* in the U-13 category.

At the beginning, we practiced every Saturday and Sunday. Some days, we worked on different game scenarios, and other days, we did net practice and played with the machine ball. Then, one day, we were divided into teams for a match in Mulpani. I was in Team Sapphire.

#### Day 1:

In the juniors' match, we won the toss and chose to bowl first. The other team scored 60 runs for 8 wickets in 10 overs. We chased the target in 7.5 overs. I scored 17 runs off 27 balls (not out) and bowled 1 over, giving away just 3 runs and taking 1 wicket.

In the seniors' match, I didn't get a chance to bowl, but in batting, I scored 3 runs off 7 balls before getting out. We won both games!

#### Day 2:

In the juniors' match, I scored 3 runs off 7 balls and bowled 2 overs, taking 3 wickets.

In the seniors' match, I scored 1 run off 2 balls (not out) and bowled 2 overs, giving away a few runs and taking 1 wicket.

In the end, Team Sapphire won both the juniors' and seniors' matches and received the trophy! Because of my performance in both games, I was awarded \*Player of the Month\*!

## Is it better to read a book or watch a movie?

Nima Drolma Sherpa Grade 3 (Marshyangdi)

In my opinion, I think it's better to read a book than to watch a movie because reading a book will improve our reading skills. Reading a book will give you more knowledge and improve your vocabulary and pronunciation . Reading a book will be more imaginative. Reading improves your concentration and focus. Watching a movie can be entertaining but it can hamper our eyesight. Reading a book before bed helps relax the mind and promotes better sleep habit. Reading a book can make you curious while watching a movie can make you dull and lazy. So it's better to read lots of book and expand our knowledge.

## The Twilight Saga



#### **Arshi Khanal** Grade 4 (Narayani)

The Twilight Saga is a very popular book series written by Stephenie Meyer. The first book of the saga, Twilight, was released in 2005, and it introduced readers to the iconic love story of Isabella "Bella" Swan and Edward Cullen.

**Spoiler Alert:** I'll be discussing the first book in detail, so if you'd rather not have the story spoiled, it's best to skip this article!

The story begins with Bella Swan living in Phoenix with her mother, Renée. After her mother remarries a baseball player named Phil, Bella notices that Renée often feels unhappy because Phil has to travel frequently. To give her mother the opportunity to travel with her new husband, Bella decides to move to Forks, Washington, to live with her father, Charlie.

On Bella's first day at her new school, she meets Edward Cullen, a mysterious and strikingly handsome classmate. During their first biology class together, Edward behaves oddly, sitting as far away from Bella as possible. Bella wonders if there's something wrong with her, even sniffing her hair, which smells like strawberries. This strange behavior continues for some time, but

eventually, Edward starts talking to her, and the two grow closer. While at La Push Beach with her friends, Bella meets Jacob Black, her childhood friend. Jacob tells her a local legend about the "cold ones," a group of vampires. Intrigued, Bella researches the cold ones and soon discovers that Edward is, in fact, a vampire.

Bella also becomes close to Edward's family, the Cullens, who are a coven of vampires living as a family unit. Carlisle Cullen, the patriarch, turned Edward into a vampire and acts as the family's "father." The family includes Esme (the mother), Alice, Jasper, Rosalie, and Emmett. Each member of the family was turned under unique circumstances, and they live peacefully by feeding only on animal blood.

As Bella and Edward's relationship blossoms, disaster strikes. While the Cullens are playing baseball, a group of nomadic vampires-James, Victoria, and Laurent-arrive. James, a tracker vampire, becomes obsessed with hunting Bella. Edward and his family try to protect her, but James tricks Bella into meeting him alone at her old ballet studio. At the studio, James attacks Bella, breaking her leg and biting her, which begins to turn her into a vampire. Edward arrives just in time to save her. He sucks the venom out of Bella's bloodstream but struggles to stop drinking her blood. Finally, he manages to control himself, but Bella loses a lot of blood and passes out. Bella wakes up in the hospital with her mother and Edward by her side. Edward feels guilty, believing Bella's injuries are his fault because of their relationship. Despite the danger, their bond grows stronger.

The Twilight Saga is an unforgettable book series that has captured the hearts of millions. It was also adapted into a successful movie series, with Kristen Stewart as Bella Swan, Robert Pattinson as Edward Cullen, and Taylor Lautner as Jacob Black.

## Guisachan Gathering (Celebrated in Scotland)



Shreyank B Shakya Grade 6 (Mahakali)

Guisachan gathering is a festival where we celebrate Golden retrievers and their ancestral home (Guisachan). This four-day event is located at Guisachan House in Scotland where Marjoribanks(Lord Tweedmouth) had once lived. This festival includes dog training classes, a parade of golden retrievers, and a chance to take a picture near a golden retriever statue. This is a celebration of 155 years. It started when Lord Tweedmouth(originally known as Dudley Coutts Marjoribanks), first bred the golden retriever at Guisachan. It's not an incredibly fancy event, and the dogs do inevitably get muddy and a little smelly in the rainy Scottish weather, but that's the way golden retrievers are, that's why everyone loves them.

This festival is interrelated with Friends of Guisachan (A non-profit organization of people interested in Golden Retrievers' history), which was set up/created to spread information about Guisachan(Golden Retriever's ancestral home) and to provide information on the 2018 worldwide celebrations. (marking the 150th anniversary of the breed). To mark the founding of the Golden Retriever breed, the Friends of Guisachan organization worked to create a life-sized bronze statue of a Golden Retriever, placed alongside the granite memorial to Lord Tweedmouth. One fun fact is that in 2023, almost 500 golden retrievers and their owners met up in Scotland to celebrate this wonderful festival.

## My Passion for the Violin

Saizmine Basnet Grade 6 (Mahakali)

The violin is a musical instrument that creates a beautiful and enchanting sound. By gently touching the bow to the strings, we can produce melodies that captivate the soul. Although learning to play the violin requires a lot of hard work and time, the results are more than worth the effort.

My main reason for choosing the violin is the unique and mesmerizing sound it creates. A person who plays the violin is called a violinist. Beyond the sound, the violin's elegant structure is so distinctive that it can inspire anyone to want to play it. Every note I play brings me closer to understanding its magic. Who wouldn't love an instrument that can express a wide range of emotions—from pure joy to deep sorrow—with such depth and grace?

The violin has become a true passion for me, and I look forward to continuing to learn and enjoy the music it creates. It's not just an instrument; it's a powerful means of expressing emotions and

connecting with others through

The violin is a remarkable instrument, known for its ability to produce sounds that are both powerful and delicate. Its tone is rich and unique, almost as if the instrument itself is speaking directly to the listener. The strings are carefully tuned to precise notes, and the bow, made of horsehair, creates the perfect friction needed to produce a harmonious sound. Every part of the violin plays a crucial role in creating the magic that happens when it is played.

In conclusion, the violin is much more than just an instrument—it's a vessel for expressing the full range of human emotions. Its unique structure and sound have the power to captivate listeners, bringing joy and depth to life. As I continue to learn and grow with the violin, I am constantly reminded of its incredible ability to communicate and inspire, making it a timeless and extraordinary instrument.

## Should kids be allowed to have phones?

Shatakshi Bhatta Grade 9 (Gandaki)

Yes, kids should be allowed to have phones, but with rules. Phones help children stay connected with their parents, especially in emergencies. They can also be used for learning, like researching school projects or using educational apps. Phones help kids talk to friends and family, even when they are far away. However, too much screen time is not good. kids should use phones only for a limited

time each day. Parents should also check that kids are using phones safely and not talking to strangers. Playing games is fun, but it's important to balance your phone time with outdoor play, reading, and hobbies. With proper guidance, phones can be useful tools for kids while helping them stay safe and healthy.

## Famous Leaders Who Changed History









Shreyashi Paudel Grade 6 (Mahakali)

In our history there are many great people who have shaped our world into a greater place. These leaders come from different places and times, but they all had one thing in common: they made a huge difference in our world. Whether through war, peace or social change these individuals have shaped the course of history through their actions or decisions. Such as: Prithvi Narayan Shah, Mahatma Gandhi, Nelson Mandela, Amar Singh Thapa

#### Mahatma Gandhi:

Mahatma Gandhi is one of the most famous leaders in history. He led India's independence in 1947 using peaceful protests. Gandhi's most famous movement was the Salt March, where he and thousands of people walked 240 miles to make their own salt, breaking British laws. His peaceful approach to fighting for freedom inspired many people around the world.

#### Prithvi Narayan Shah:

Prithvi Narayan Shah was the first King who unified Nepal. Before his leadership, Nepal was made up of small kingdoms that were often at war with each other. Prithvi Narayan Shah united these kingdoms into one country in 1768, creating a modern Nepal. His strong leadership and military skills helped him win battles and bring peace to the region.

Yuvan Gurung Grade 2 (Sunkoshi)

I want to be a brave firefighter when

firefighter because they are strong,

I grow up. I dream of becoming a

courageous, and always ready to

Firefighters save lives, which is

the best thing anyone can do.

They rescue people from burning

those in emergencies. They also save

buildings, put out fires, and help

innocent animals trapped in fires,

Firefighters work as a team and

wear special uniforms to protect

making sure they are safe.

help people in danger.

When I Grow Up

#### Amar Singh Thapa:

A leading military leader in Nepal known as the "Living Lion of Nepal," who defended his country against British troops during the Anglo-Nepalese War. His leadership and bravery have made him a national hero, and he is remembered for his role in preserving Nepal's sovereignty.

#### Malala Yousafzai:

Malala Yousafzai speaks for girls' education and survived an attack by the Taliban. Even after that she continues to champion education and women's rights globally through the Malala Fund, and her story of bravery and resilience inspires

These leaders have made a big difference in history through their bravery and actions. From fighting for independence and equality to promoting education, their efforts continue to inspire us. Learning from their lives, we can even make positive changes in our own communities. Their stories show that one person can indeed change the world.

Besides fighting fires, firefighters also

teach people about fire safety. They

tell us how to be careful with fire and

what to do in case of an emergency. I

want to spread awareness and make

To become a firefighter, I need to be

strong, fit, and brave. I will study hard,

exercise daily, and learn important

Being a firefighter is not just a job; it

I want to be a hero who saves lives

and brings hope to those in danger.

firefighter uniform and help make the

is a way to serve and protect people.

skills like teamwork and first aid.

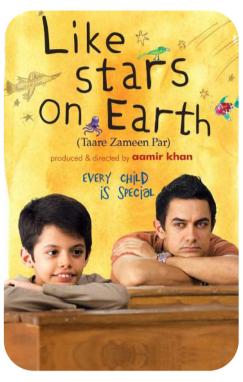
One day, I will proudly wear my

world a safer place!

sure people know how to protect

themselves.

## My Favorite Movie: Taare Zameen Par



Avanish Shrestha Grade 6 (Mahakali)

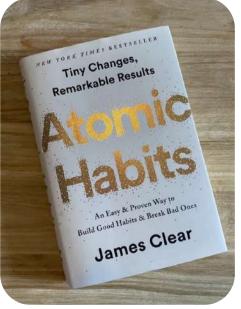
Taare Zameen Par (2007), directed by Aamir Khan, is a deeply moving and thought-provoking film that explores the struggles of an 8-yearold boy, Ishaan Awasthi, who suffers from dyslexia. The story focuses on Ishaan's frustration with school, where his inability to perform academically leads to constant failure and misunderstandings, especially from his parents. His father, in particular, is disappointed by his academic performance and, in an attempt to "correct" him, sends Ishaan to a boarding school. At the new school, Ishaan meets Ram Shankar Nikumbh (played by Aamir Khan), a compassionate art teacher who quickly realizes that

Ishaan's difficulties are a result of dyslexia-not laziness or lack of intelligence. Nikumbh takes a personalized, empathetic approach to teaching, unlocking Ishaan's creative talents and helping him rebuild his self-esteem.

The film highlights the flaws of a traditional education system that often fails to recognize the unique needs of children, particularly those with learning disabilities. It critiques how society places undue pressure on academic achievement while overlooking the emotional and creative potential of children. Through the character of Nikumbh, the film also emphasizes the transformative power of understanding, patience, and personalized attention from teachers.

Darsheel Safary's portrayal of Ishaan is exceptional, capturing both the child's emotional turmoil and his innate creativity. Aamir Khan's performance as Nikumbh is equally powerful, showcasing a teacher who values his students' emotional wellbeing as much as their academic success. The film's cinematographyvibrant and imaginative-reflects Ishaan's colorful inner world, contrasting with the more structured, often stifling environment of the school. The soundtrack, with songs like "Maa" and the title track, complements the emotional depth of the film, underscoring its themes of love, acceptance, and the importance of nurturing a child's individuality.

## Book



**Aavash Thapa** Grade 10 (Bhotekoshi)

Book: **Atomic Habits** 

Author: James Clear

Genre: A self-help book

Publisher: Penguin Random House

## Review

"tiny changes lead to remarkable results". It explains how tiny changes or habits, when consistently practiced, can lead to remarkable changes or results over time. The habits and how it is made and also helps us build good habits while breaking bad ones.

It is an inspiring book that teaches us habit stacking, where you pair a new habit with an existing one to make it easier to stick to. The book gives valuable advice, emphasizing the importance of focusing on the systems rather than goals, as habits are the compound interest of self-

"Atomic Habits" by James Clear is a

wonderful book that teaches us how

book breaks down the science behind

The book that guides you to start good habits and stop bad ones is worth reading.

improvement.

themselves from fire. They use powerful water hoses, ladders, and fire trucks to do their job. I want to learn how to use these tools and help my community stay safe.

8

## The Sports Industry



Navash Khadka Grade 10 (Bhotekoshi)

The number one game in sports competition is marketing. There is hardly an athletic contest anywhere in the world that does not attract an audience. This means there is a demand for the particular type of entertainment offered. Where there is a demand, ways will be found by enterprising individuals and organizations to exploit it as a source of income. The public has long been aware that sporting contests have commercial value. It probably was not aware, however, of the extent to which athletics had really become an industry until 1981. That year a seven-week strike called by the Major League Baseball Players Association forced the cancellation of 713 regular games, with ensuing loss of player salaries and television revenues. Organized labor and collective bargaining have become an integral part of professional sports. This was further borne out in 1987 in the 24-day strike by the National Football League Players Association. This strike was different from the one in baseball. Only one week of games was canceled. The team owners then called in nonunion players to keep the regular television season alive. The strike ended basically because each franchise was able to field a team every week: audiences at the stadiums and home were able to see their games and the commercials. In the United States alone the sports industry was a 50-billiontelecasts of all major sports events heavily supported by commercials. Association football is an extremely popular game throughout Europe, Latin America, and Australia and draws millions of fans to stadiums and television screens. Even in formerly Communist nations, athletes in training for international competitions were given many privileges not available to other citizens

Professional athletes are among the most highly paid people in the world, ranking alongside movie and television celebrities in annual income. The money and fame garnered by athletes provide a powerful motive for young athletes (with strong parental encouragement) to join the ranks of the professionals. Thus, grade school, high school, and college years are often devoted to perfecting physical skills. And professional sports have developed arrangements to bring younger players into their ranks. The chief drawback in the ambitious pursuit of a professional team contract is the fact that only a small percentage of all athletes are good enough to attract the attention of scouts for the teams. By 1989 more than 400 corporations had established budgets for sports marketing. Direct corporate sponsorship makes the company name known to television viewers; General Motors, for example, was spending 581,000 dollars a day. Another aspect of corporate marketing involves obtaining the

## **Equality of Gender**



Samir BK Grade 9 (Gandaki)

The idea that all genders ought to have the same opportunities, rights, and responsibilities is known as gender equality. Social inclusion, political representation, and economic engagement are just a few of its many facets. In addition to being morally required, achieving gender equality is essential to societal advancement and sustainable development.

Gender roles have historically been strictly defined, frequently placing women and non-binary people in inferior situations. Over the past century, women's rights movements have advanced significantly, promoting equal access to reproductive, educational, and employment possibilities. Nevertheless, gender inequality still exists in various ways throughout the world in spite of these developments.

Economic Inequality: Women frequently experience disparities in salary, restricted access to well-paying positions, and fewer prospects for career progression. Women often make less money for doing the same work as men, according to the World Economic Forum's Global Gender Gap Report.

Political Under-representation: Around the world, women are notably under-represented in positions of political authority. Only over 25% of legislative seats are occupied by women as of 2023, highlighting the need for laws that support equal political participation. Safety and Violence: Gender-based violence is still a major problem. Worldwide, one in three women may at some point in their lives be the victim of physical or sexual abuse, underscoring the critical need for all-encompassing laws and support networks.

Gender equality is a social requirement, not merely a problem for women. Individuals, communities, and governments must work together to achieve true equality. Everyone can live in a more just and equitable world if we remove obstacles and advance equal chances. Although achieving gender equality will take time, the rewards will be significant and will open the door to a better future for everybody.

## The Magic Pocket

Aashna Thapa Magar Grade 4 (Narayani)

English class is always exciting because our teacher gives us prompts to write stories. Prompts help us imagine new things, explore different ideas, and create our own worlds. They are like little keys that open doors to endless possibilities. Some of us imagined magical lands, some thought of great adventures, and I imagined this story.

dollar annual business by the

late 1980s. The most obvious

component of this industry for

most people was television, with its

Alyssa always checked her pockets. One day, she found a dollar. She was shocked! But when she checked again, there was more money—first two dollars, then ten, then a hundred. She kept checking until she had two million dollars!

At first, Alyssa was overjoyed. She went on a shopping spree, buying everything she had ever dreamed of—Gucci bags, Rolex watches,

Chanel perfumes, and all sorts of expensive things. She felt like the luckiest person in the world.

services of well-known athletes to do

commercials

But after buying everything she wanted, she sat down and thought, What now? She had everything, yet something was missing. Then, an idea struck her—she could help people who didn't have enough.

Alyssa decided to use her magic pocket not just for herself, but for others. She gave away the money to homeless people, making sure they had food, clothes, and a place to stay. Seeing their smiles made her heart feel full.

In the end, Alyssa realized that true happiness doesn't come from owning expensive things—it comes from sharing and helping others.

## The Power of Literature in Shaping Us

**Shatakshi Bhatta** Grade 9 (Gandaki)

In this ever evolving word, literature has become the most powerful tool for expressing our opinions and for being able to understand other people's perspectives. Literature is not just words on a page, it's the stories on those pages and the valuable lessons it provides. From shaping who we are to changing the way we think, literature definitely holds a lot of importance in our lives.

It is a form of art that uses language to transform our imaginations into stories and poems. Not just simple ones but the ones that are powerful enough to create an impact on the different chapters of our life. Literature as what many people think is not just about reading and writing, it's rather about reflecting our thoughts into writing and helping us to develop and grow as individuals. The power to think, imagine and enhance our creativity is what makes human beings the

way they are. However, in the 20th century, it seems as if life is all revolved around artificial intelligence. It seems as if our creativity is reducing day by day. We are losing the things that help us to become a better version of ourselves and to become the way we are. Hence, giving time to reading books and increasing our ability for creative writing has become more than a necessity today.

Literature is an essential tool for personal growth. Reading which is also a part of literature also helps us to live a thousand different lives as we get to explore the different genres and live the lives of people that we may never get to. It broadens our horizons, helps us to think critically and ultimately shapes us into better human beings. It is the key to being a better version of yourself and to understand the world in different perspectives.

## The Future of Artificial Intelligence



Baibhavi Pandey Grade 9 (Gandaki)

Artificial Intelligence (AI) is the technology that enables machines to behave intelligently like humans through learning, reasoning, and problem-solving. It is a combination of computer science, data analysis, and complex algorithms that enables machines to interpret huge amounts of data, recognize patterns, and make decisions independently. Al is shaping our past and future. In recent decades, we've witnessed the integration of AI in various fields including business, industries, medicine etc. Al is influencing us, our decisions and our work in such ways that we may not even notice and is playing a significant role in all of our lives too.

Though the potential uses of Al

are vast, and have already begun to transform industries, including features like the potential to predict weather patterns, streamlining business processes, and even scientific breakthroughs, Al also possesses its own disadvantages and challenges, some of which are already beginning to manifest. Al currently holds a high risk of job displacement where machines with integration of AI will be replacing the tasks done by humans. There also stands the issue of the ethical implications of AI as people are not considering the morals and are using Artificial Intelligence for the wrong purposes. Al, though it has lots of advantages, it's also acting as a major problem in the 21st century among young students, causing

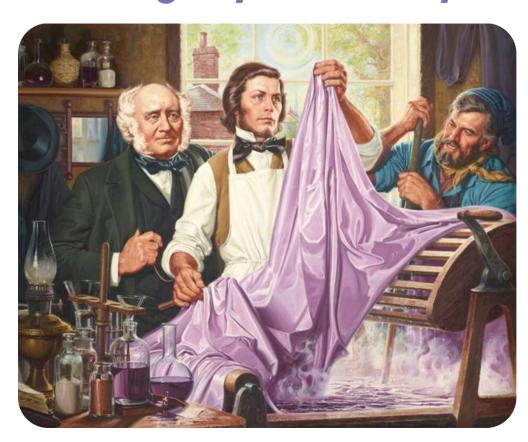
laziness and dependency in Al for their assignments.

The Al future however, is an exciting but uncharted landscape. Experts say that AI will grow exponentially. The potential for Artificial Intelligence is exciting but scary too. Al can potentially revolutionize the entire human existence, from medicine to space exploration, offering solutions to problems beyond human imagination. But it also poses existential threats, as a humanlevel AI system with autonomy could be unpredictable and dangerous. Al consists of computers capable of performing any cognitive task a human can. This would unlock new changes in science, medicine, and technology, with Al systems

potentially solving global problems like climate change or diseases. Also, Al powered robotics will transform industries such as manufacturing, agriculture, and medicine, where robots and humans collaborate to perform complex tasks. However, to ensure AI is developed responsibly, with systems that align with human values and promote equity and fairness. The future of Al will also depend on how we address the ethical issues regarding its creation. As more sophisticated AI systems are developed, it will be necessary to ensure that they are aligned with human ethics. The challenge will be how to design a system in which Al can flourish with the minimum amount of harm. In years to come, we may see Al's contribution grow in ways that we cannot yet imagine.

The future of AI is exciting yet full of promise and large challenges. It can improve human life, make it more efficient, and help solve some of the world's most complex issues but also creates problems concerning job loss, prejudice, privacy, and ethics. While Al continues to grow, it is essential that we do so in a thoughtful and responsible manner. Al offers countless opportunities while also posing challenges. As it continues to evolve, it's important for society to embrace its benefits while addressing concerns about ethics, privacy, and fairness. With careful development, Al can truly enhance our lives in meaningful ways. We must all remember that the key to a prosperous future with Al is ensuring that this technology benefits humanity, rather than replacing them.

## Purple: The Legacy of Luxury



**Sakchi Bhandari** Grade 10 (Bhotekoshi)

Purple has always been more than just a color. For centuries, it symbolized wealth, power, and status. In ancient times, only the most elite could afford to wear it. The dye used to create purple was rare and expensive, made from the secretion of a specific sea snail called "Murex". It took thousands of snails to produce just a small amount of dye, making purple fabric a luxury only kings, queens, and emperors could wear.

One of the most fascinating things about purple is its journey from royalty to the mainstream. For a long time, it was a color associated with divine power and dignity. For example, in ancient Rome only emperors were allowed to wear garments dyed in purple. This exclusivity continued through the centuries, even in the Middle Ages, where purple became a color worn by the church and nobility, and it was considered an offense for anyone else to wear the color.

But everything changed in 1856 when a young British chemist named William Henry Perkin accidentally discovered the first synthetic purple dye while trying to create a malaria treatment. The dye was called "mauveine". This discovery made purple more accessible, and the color began to pop up in everyday fashion. Queen Victoria's choice to wear a mauve dress at her wedding sparked a trend, and purple began to make its way into all corners of society.

In the 20th century, purple began to take on new meanings. It became a symbol of the suffragette movement, where women fighting for the right to vote used purple to represent dignity and strength. In pop culture, musicians like Prince and Jimi Hendrix also embraced purple as a symbol of creativity, individuality, and rebellion.

Today, purple is no longer confined to the elite but still retains its connection to creativity, luxury, and boldness. From the rich history of kings and emperors to its modernday use in fashion, art, and branding, purple remains a timeless color that carries with it a legacy of grandeur and inspiration.

## Save Water My

**Sushant Lal Shrestha** Grade 1 (Arun)

Water Is a precious resources that is essential for life on earth. It is necessary for every life on Earth whether human, plants , animals or any living being. We get water from many sources like rivers, Lakes, ponds underground and also rain water. We use water everyday for drinking bathing and cleaning

## Myself

**Urvi Shrestha** Grade 1 (Arun)

My name is Urvi Shrestha I am seven years old I really like dogs and cats I like light pink colour I like pink rose I like summer I like my father and mother I like to play with my big sister and little sister

## Wonderful World

Kiaan Paudyal Grade 1 (Arun)

Hi! My name is Kiaan Paudyal, and I am 6 years old. I live in the beautiful town of Bhangal, Kathmandu.

I go to Imperial World School, which is in Hattigauda. I love going to school because I get to learn new things, study hard, and play with my amazing

Every day, I make sure to finish my homework. But that's not all-I also have a special hobby! I love playing the guitar and making music.

School, friends, learning, and music make my world exciting and fun!

## Orchestra Evening (AS A VIOLINIST)

Ashna Shrestha Grade 6 (Barun)

On the 29th of November, our school hosted an Orchestra Evening. It was our school's second orchestra performance and truly a magical musical night.

So, what is an orchestra? An orchestra is a large group of musicians who play a variety of instruments together. It consists of wind, string, brass, and percussion instruments, and it is organized to perform classical music. There were more than 50 students in our orchestra, and I was fortunate to be a part of it.

In the orchestra, I played the violin, which is a string instrument. There were many other instruments as well, such as flutes, guitars, pianos, violas, and cellos. For many of us, including myself, it was our first time performing in such an ensemble. We played 9-10 songs for our parents and guests, creating a memorable evening.

We were honored to have a special guest with us-Kunti Muktan, a legendary singer from the 2000s. She sang one of her famous songs, Dali Dali Ma, which was a highlight of the evening.

Participating in the orchestra was an incredible experience. Before the big day, I felt a mix of excitement, nervousness, and fear of making mistakes. And yes, while performing, I did make a few errors, but that's how we learn and grow. By the time we finished playing all the songs, I felt proud and happy for overcoming my fears and giving my best.

We ended the event with delicious food, marking the perfect conclusion to a wonderful evening. It was an unforgettable experience for me and everyone who participated in the orchestra.

## Should Boys & Girls Go To The Same School?

Sashwat Acharya Grade 3 (Trisuli)

To answer this question we first have to understand what is school? School is a place where we study different subjects and have fun while studying too. School also lets us socialize with different types of people including both genders. This lets us learn that everyone is unique and helps us in the future when meeting other people of the opposite genders. But what can be the problem with only

one gender in a school? First of all the students will only know more of one gender. We will also not be able to learn that much from each other, making it a setback in today's world. So my answer to this question is yes, boys and girls should go to the same school because they can socialize and learn from each other and this will definitely help them in the future when needed

## My Reflection on the Show "Matilda"



#### **Anaya Shrestha** Grade 2 (Tinau)

Matilda is a little girl who is very smart for her age. She loves to read books, but her parents do not like her reading. This makes Matilda sad, but she stays calm and always does the right thing. I like this show because it shows how Matilda works hard even

though she has many problems. In the end, she becomes happy and successful.

I really enjoyed seeing the brothers and sisters acting in the show. From this show, I learned that if you are good and keep trying, you will achieve your goals one day.

## **Healthy Meals** at My School

Aanvi Kashyap Grade 6 (Barun)

At my school, we enjoy a variety of healthy meals that help us stay strong and active. These meals are recommended by a dietician, and I'm thankful to my school for providing such nutritious food. Here's what we eat:

#### Rice, dal, and vegetables

Rice for energy, dal for protein, and vegetables for vitamins.

Yellow rice and chickpeas for carbs and protein.

#### Rice, dal, and chicken

A mix of carbs and protein for strength.

#### Paneer and rice

Protein from paneer and energy from rice.

A sweet dish with milk and rice, full of calcium and carbs.

Made with bread and vegetables, giving us fiber and energy.

Carbs from rice and nutrients from vegetables.

Chiura and chicken

Flattened rice for carbs and chicken for protein.

#### Aloo paratha Made with wheat flour and potatoes for carbs and nutrients.

Rice, dal, and fish

#### Fish provides protein and omega-3 for brain health. Kwati soup

A mix of beans full of protein and fiber.

#### Selroti

A traditional rice flour dish for carbs and fats.

#### Roti and bean soup

Carbs from roti and protein from beans.

Apples, bananas, papaya, watermelon, guava, and mango.

#### Fresh milk

Full of calcium to keep our bones strong.

I feel happy and healthy eating these nutritious meals. Thank you, school, for providing us with such great food! Remember to focus on healthy food and enjoy fruits and vegetables daily!

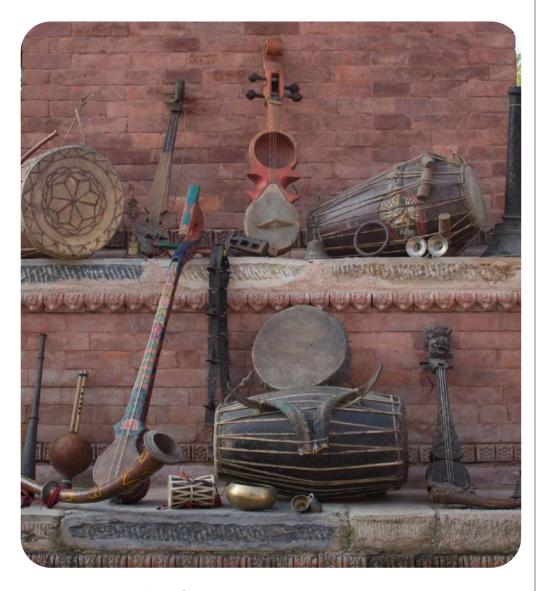
## विद्यार्थी जीवनमा अनुशासनको महत्व

आयुष बास्तोला कक्षा ९ (गण्डकी)

अनुशासन शब्द शासन शब्दमा अनु उपसर्ग लागेर बनेको हो । ज्ञान प्राप्त गर्न विद्यालय वा शैक्षिक संस्था जाने व्यक्तिलाई विद्यार्थी भनिन्छ भने उसले ज्ञान सिक्न लागेको समयसीमालाई विद्यार्थी जीवन भनेर बुइन सिकन्छ । यसै गरी नियम र मर्यादामा रहेर अगाडि बढ्नु अनुशासन हो । जीवनमा अनुशासनले खेल्ने भूमिकालाई महत्वका रूपमा लिन सिकन्छ । जुन व्यक्तिले आफ्नो जीवनमा मानवीय व्यावहारिक नियम तथा मर्यादालाई पालना गरेर अगाडि बढ्छ उसले सफलता हासिल गर्छ । अनुशासन एक नियमित पालना गर्नुपर्ने आवश्यक गुण हो । अनुशासन बिना हामीले कुनैपनि सामाजिक, राजनीतिक, धार्मिक तथा आर्थिक क्षेत्रहरूमा राम्नो सफलता प्राप्त गर्न सक्दैनौँ ।

अनुशासन शब्द शासन शब्दमा अनु उपसर्ग लागेर बनेको हो । ज्ञान प्राप्त गर्न विद्यालय वा शैक्षिक संस्था जाने व्यक्तिलाई विद्यार्थी भनिन्छ भने उसले ज्ञान सिक्न लागेको समयसीमालाई विद्यार्थी जीवन भनेर बुझ्न सिकन्छ । यसै गरी नियम र मर्यादामा रहेर अगाडि बढ्नु अनुशासन हो । जीवनमा अनुशासनले खेल्ने भूमिकालाई महत्वका रूपमा लिन सिकन्छ । जुन व्यक्तिले आफ्नो जीवनमा मानवीय व्यावहारिक नियम तथा मर्यादालाई पालना गरेर अगाडि बढ्छ उसले सफलता हासिल गर्छ। अनुशासन एक नियमित पालना गर्नुपर्ने आवश्यक गुण हो । अनुशासन बिना हामीले कुनैपनि सामाजिक, राजनीतिक, धार्मिक तथा आर्थिक क्षेत्रहरूमा राम्रो सफलता प्राप्त गर्न सक्देनौँ। अनुशासन बिना विद्यार्थीलाइ आफ्नो बाटो पहिल्याउन गाह्रो हुन्छ । अनुशासन भन्ने कुरा विद्यार्थी जीवनमा मात्र नभइ हरेक क्षेत्रमा आवश्यक हुन्छ । सम्पूर्ण मानिसको जीवनका लागि पनि अनुशासनको महत्व रहेको हुन्छ । अनुशासनले हाम्रो समाजलाई नै मे हनती र स्वतन्त्र बनाउँछ । त्यसैले विद्यार्थी जीवनमा अनुशासनको धेरै महत्वपूर्ण स्थान रहेको छ । विद्यार्थी जीवनमा सफलता प्राप्त गर्न र स्वतन्त्र रूपमा रहनका लागि पनि अनुशासन आवश्यक छ । अन्त्यमा, हरेक विद्यार्थीले प्रमुख दिनचर्याहरूलाई नियमित गरेर अनुशासन पालना गर्ने गरेमा उसको पढाइ राम्रो हुनका साथै उ सिर्जनशीर र उर्जावान हुन्छ । विद्यार्थी जीवनमा सफलता प्राप्त गर्न र स्वतन्त्र रूपमा रहन अनुशासन आवश्यक छ । अनुशासन बिना हाम्रो राष्ट्रको विद्यार्थीको कल्पना पनि गर्न सक्दैनों।

### नेपाली लाकबाजा



#### इशान ढकाल कक्षा ९ (गण्डकी)

हाम्रो नेपाल अनेको मौलिक कला संस्कृतिको अनुपम सङ्गहालय हो । हाम्रो समाजमा प्रचलित तारले रेटेर, मुखले फुकेर वा गजाले ठोकेर सुरताल मिलाई विभिन्न अवसरमा बजाइने यस्ता यन्त्रविशेष वा वाद्यालाई नै लो कबाजा भनिन्छ ।

नेपाली लोकबाजा नेपाली समाजको रहनसहन, जन्म, विवाह र मृत्युसंस्करका साथै चाडपर्व, जात्रा, उत्सव, महोत्सव, मेलापात आदिसँग गासिएर आउँछन् । संस्कृति र परम्पराअनुरूप लोकबाजा तालबाजा र सुरबाजा गरी दुई प्रकारका छन् । जसमध्ये पहिलो वर्गमा कोट्याएर वा आधात पारेर बजाइने बाजा, दोस्रो वर्गमा रेटेर बजाइने सारङ्गी जस्ता तारका बाजा पर्छन् । यस्तालाई विविध वाद्यवादनअन्तर्गत राखिन्छ । तेस्रो वर्गमा हावा वा सास फुकेर बजाइने मुरली बाँसुरी आदि बाजा पर्छन् । चौथो वर्गमा ठोकेर बजाइने घन्टी, भ्यालीइयाम्य, खैँजड आदि

बाजा पर्छन् । हाम्रा नेपाली लोकबाजा हाम्रे नेपाली मौलिक लोकसंस्कृतिको महत्वपूर्ण उपकरणका रूपमा रहेका अभिन्न अङ्ग हुन् । नेपाली लोकबाजा नेपाली जीवनका धुकथुकी हुन् । लोकबाजा लोकको सम्पत्ति हो । त्यसैले यसको संरक्षणमा सरकार र समाज दुबै जिम्मेवार हुनुपर्छ ।

व्यक्तिगत रूपमा कतिपय व्यक्ति आज यसको संरक्षणका लागि दिलोज्यानले समर्पित पनि छन्। नेपालका विभिन्न जातिका अनेक चाडपर्व, विवाह, धार्मिक कार्य आदिका अवसरहरूमा गाउँसहर जतातने नेपाली लोकबाजा बजाउनुपर्छ।

## शिक्षामा प्रविधिको प्रयोग

समृद्ध जङ अधिकारी कक्षाः ९ (गण्डकी)

कुने प्राविधिको प्रयोग गरेर हासिल गरिने ज्ञानलाई प्राविधिक शिक्षा अनिन्छ । सामन्यतया शिक्षाको अर्थ ज्ञान आर्जन गर्नु वा केही सिक्नु हो । शिक्षा विभिन्न माध्यमहरूबाट प्राप्त गर्न गनिन्छ । यसको एउटा उत्कृष्ट दृष्टान्त प्रविधि हो । प्राविधिक शिक्षा विस्तृत हुन्छ र सजिलै र तुरुन्तै प्राप्त गर्न सिकन्छ ।

यस्तो शिक्षा प्रविधिका विभिन्न स्रोतहरू प्रयोग गरेर प्राप्त गर्न सिकन्छ । अहिलेको आधुनिक युगमा मोबाइल, ल्यापटप, कम्प्युटर लगायतका प्रविधि प्रयोग गरेर इन्टरनेटमा इच्छा अनुसारको ज्ञान प्राप्त गर्न सक्खौँ । प्रविधिको प्रयोग गर्न सिजलो पनि हुने हुनाले इच्छा अनुसारको तालिम पनि प्राप्त गर्न सिकन्छ । इन्टरनेटमा भएका लगभग सबै जानकारी निःशुल्क प्राप्त हुन्छ । सम्पूर्ण व्यक्तिहरूले इन्टरनेट सुविधा प्राप्त गर्नासाथ इच्छा अनुसारको समयमा इच्छा अनुसारको ज्ञान प्रविधिको माध्यमबाट प्राप्त गर्न सक्छन् ।

शिक्षामा प्रविधिको प्रयोग बढ्नुका साथसाथै यसको दुरूपयोग गर्ने प्रवृत्ति पनि उत्तिकै बढिरहेको छ । विशेष गरी विद्यार्थीहररूले प्रविधिको दुरूपयोग गरेको पाइन्छ । वि.स. २०८० को माध्यमिक शिक्षा परीक्षामा लगभग ५० प्रतिशत विद्यार्थी अनुतीर्ण हुनुमा प्रविधिको दुरूपयोग पनि पर्दछ । त्यसैले विद्यार्थीले यसको उचित प्रयोग गर्नपर्छ ।

## मलाई मनपर्ने मौसम

साभी डंगोल कक्षा २ (तिनाउ)

मलाई मनपर्ने मौसम गर्मी मौसम हो । गर्मी मौसमलाई ग्रीष्म ऋतु पनि भनिन्छ । गर्मी मोसम घाम पारिलो लाग्छ । मलाई घाम ताप्न मनपर्छ । चराचुरुङ्गी, जीवजन्तु र बोटबिरुवालाई पनि बाँच्नका लागि घाम अति आवश्यक हुन्छ । गर्मीमा पौडी खेल्न रमाइलो लाग्छ । गर्मी मौसममा सबै बोटबिरुवाहरुमा पालुवा पलाउँछ अनि हरियाली छाउने भएकोले मलाई गर्मी मौसम मनपर्छ ।

## जीवनको यात्रा

सृजा खनाल कक्षाः ९ (गण्डकी)

जीवन एउटा यात्रा हो, सपना र संघर्षको रङ्गमा रङ्गिएको हरेक पाटो, हरेक मोड तिमीलाई केही नयाँ सिकाउने छ ।

हावा जस्तै अनिश्चित छ पथ तर हिम्मत नगुमाऊ, सधै अधि बढ चुक्नु भनेको सिक्ने प्रिऋया हो, सपना पुरा गर्न कोसिस गर्दा मात्र अडिग रह।

केही समय कष्ट र अन्धकार लाग्ला तर यिनै दिनहरुले उज्यालो ल्याउने छन् विश्वास राख, तिमीले हिडेको पथले तिमीलाई आफ्नो बनाउँछ ।

### यो देश नेपाल

देन बज्राचार्य कक्षा ६ (वरूण)

हिमाल र पहाड मिलेर बनेको छ देश विशाल विभिन्न जात बस्छन् देश हो हाम्रो नेपाल ।

आवाज सुन्दा छहराको आनन्द हुन्छ मन भाषा, धर्म संस्कृति नै अमूल्य हो धन ।

लगाउँछन् अनेकथरी सुन्दर भेषभुषा हिमालका सेता लहर हेर्छु उत्तर दिशा

बसेका खैँ मिलिजुली एउटै माला बनी प्रकृतिको सुन्दरतामा खैँ है हामी धनी ।

नेपाल हाम्रो आमा हो गर्नुपर्छ माया यही देशमा पाएका छौँ सितलताको छाया ।

### आमा मेरी साथी

उज्वल भक्त श्रेष्ठ कक्षाः ६ (वरूण)

तिम्रे आँखामा मेरो छाया तिम्रे ढुकढुकीमा मेरो माया।

तिम्रो मुस्कानमा मेरो साया तिमी नै छो मेरो दायाँ बायाँ।

मेरा हरेक दुःख सुखमा साथी तिमी मेरा हरेक ऑटमा साहस तिमी।

मेरो अमूल्य जीवन दिने मेरी आमा उज्यालोको ज्योति छर्ने मेरी आमा ।

हरेक गल्तीलाई माफी दिने मेरी आमा मेरो सपना साकार पार्ने मेरी आमा।

## मेरा आमाबाबा



निमा साम्देन शेपीं कक्षा ४ (नारायणी)

मलाई जन्म दिने मेरा आमा र बाबा धर्तीमा पाइला टेकाइ माया दिने सारा । तोतो बोली ताते गर्दा बोक्नुभयो काँधमा जता गए पनि सधैँ लानुहुन्थ्यो साथमा ।

रुँदाखेरि आँसु पुछ्ने आमा सधैँ मेरी लड्दाखेरि हात दिने बुबा सधैं मेरो । त्यसैले बन्न खोज्छु म त राम्रो छोरो जुनिभरि गाढा रहोस् सम्बन्ध यो हाम्रो ।

## पुस्तक समीक्षाः जीवन कााडा कि फूल



लेखकः भभ्रमक घिमिरे प्रकाशन : बुकहिल प्रकाशन वर्ष : २००६ मुल्यः ४५५

#### श्रेयशी गौतम कक्षा ९ (गण्डकी)

सारंशः जीवन काँडा कि फूल भमक घिमिरेको जीवनको संघर्ष र आशाको काव्यात्मक चित्रण हो । लेखकले आफ्नो दृष्टिहीनता, पारिवारिक अवस्था, समाजमा अपाङ्गता र महिला भएको समस्याहकको सामना गर्दे जीवनको गहिरो अर्थ खोज्ने प्रयासलाई प्रस्तुत गरेकी छिन् । उनी जन्मजात दृष्टिहिन छिन् र यसले उनलाई जीवनभरका विभिन्न कठिनाइहरुसँग जुष्ट्रन बाध्य बनायो। तथापि, उनले आफ्नो संघर्षलाई अघि बढाएर साहसका साथ आफ्ना ले खहरु मार्फत् समाजलाई सन्देश दिन सफल भइन्। पुस्तकमा भमकको जीवनका पाठहरु समेटिएका छन्, जहाँ

उनको शिक्षा प्राप्त, साहित्यमा संघर्ष र महिलाको सामाजिक स्थानलाई व्याख्या गरिएको छ। जीवन काँडा कि फूल' किताबले मदन पुरस्कार जितेको छ। यो किताबले मानिसलाई धेरै कुरा सिकाउँछ। हात, खुट्टा भएका मानिसले मेहनत गरेर भविष्य उज्ज्वल बनाउनुपर्छ र जित पिन कठिन समय किन नआओस् त्यसको सामना गर्नु नै पर्छ भन्ने यस किताबको मूख्य पाठ हो। म आफ्नो भविष्य बनाउन लागिपरेका हरेक विद्यार्थीलाइ यो पुस्तक पढ्नका लागि सिफारिस गर्छु किनकि यो पुस्तकले सङ्गर्ष गर्न सिकाउँछ।

## मेरो हिउँदे बिदा



ओलिभिया थापा कक्षा १ (अरुण)

म हिउँदे बिदामा जापान गएकी थिएँ । मैले त्यहाँको राजधानीमा रहेको स्काई ट्रि चढेँ जुन जापानको सबै भन्दा अग्लो टावर हो । म टोकियोमा रहेको डिज्नील्यान्ड घुम्न गएँ । मैले त्यहाँ विभिन्न खालका

पिङमा घुमें । मैले कथामा सुनेका मुख्य पात्रहरूलाई हेर्ने अवसर पाएँ । अनि म ज्वालामुखी फुटेको ठाउँमा गए त्यहाँ अभे पनि धुवाँ आइरहेको थियो । मैले त्यहाँको प्रख्यात कालो अण्डा पनि खाएँ । त्यसपिष्ठ म जापानको अग्लो फुजी हिमाल हेर्न गएँ ।

## कला र साहित्यिक महोत्सव १०८१ मा मेरो दुई दिनको दैनिकी



दृशना लम्साल कक्षा ७ (मेची)

पहिलो दिन (माघ १२) आज मेरो विद्यालयले आयोजना गरेको कला र साहित्य महोत्सवको पहिलो दिन हो । आजको दिन मेरो लागि विशेष हो किनभने म मञ्जुश्रीचार्य नृत्यमा भैरवको भूमिकामा नाच्न जाँदै थिए। म र मेरा चार जना साथीहरू मञ्जुकुमार, मञ्जुश्री, गणेश र भैर वका रूपमा नाच्न लागिरहेका थियौँ। म बिहान छिट्टै उठें किनभने मलाई डर लागिरहेको थियो । मैले फेरि नृत्यको अभ्यास गरेँ । त्यसपिछ मैले मेरो शिक्षकले भनेको थिम अनुसार (वाइल्ड वेस्ट) को पोशाक लगाएँ। म विद्यालय गएँ र साथीहरूसँग फेरि नृत्य अभ्यास गरें। केही समयपछि हाम्री नृत्य शिक्षिका आउनु भयो। त्यसपछि हामीले हात र खुल्टामा अलः लगाउन थाल्यौँ । हामीले कपडा र गरगहना पनि लगायौँ। मेरो कपडा निलो थियो, त्यसमा फरिया र चोली थियो। हामीले मुकुट, माला र अन्य परम्परागत गहना पनि लगायौँ । मेरो मुकुट माटोले बनेको थियो। मेरी साथीले पनि गणेशको मुकुट पाइन् तर त्यो मुकुट लगाएर नाच्न गाहो थियो, किनभने कागकले बने काले भारी थियो र त्यसमा आखाँको सानो प्वालबाट हेर्न गाह्रो थियो ।

पोशाक लगाएपिछ हामी भाँट राख्न थाल्यौँ। त्यसपिछ कार्यऋम सुरु भयो। धेरै विद्यालयका विद्यार्थीहरू र अतिथिहरूको उपस्थिति थियो । सबभन्दा पहिला, म "ह्यापी" गीत गाउन स्टेजमा गएँ । त्यसपिछ मैले चाँड मुकुट लाएँ। मुकुट लगाएपिछ शिक्षकले मलाई स्टेज पछाडि लैजानुभयो किनभने मैले राम्ररी देखन सिकरहेकी थिइनँ । हामी सबैले एकअर्कालाई शुभकामना दिँदै नृत्य सुरु गर्यो। नृत्य राम्नो भयो । त्यसपिछ हामी बाहिर गएर फोटो खिच्यौँ । नृत्यपिछ कक्षामा गएर मैले अतिथिहरूलाई

स्ऋयाबल खेलाउन मद्दत गरेँ । त्यसपछि म र मेरी साथी श्रव्या मिलेर मःम खायौँ । यसरी नै पहिलो दिन सिकयो ।

दोस्रो दिन (माघ १३)

म बिहान ५:३० बजे उठेर पढ्न थालें । त्यसपिछ खाना खाएँ र विद्यालय जानको लागि तयार भएँ । आज हामी "मेन इन ब्ल्याक" मुभीको जस्तो लुगा लगाउने निर्णय गरेका थियौँ । यो मुभी सिऋेट एजे न्टहरूको बारेमा रहेको छ, जसले एलियनलाई मार्नको लागि मिशनमा जान्छन् । विद्यालय पुग्नासाथ मैले साथीहरूसँग तस्बर खिचौं त्यसपिछ हामी बिहनीको प्रार्थनामा गयौँ ।

आज धेरै विद्यालयका विद्यार्थीहरू भ्रमण गर्न आएका थिए। त्यसैले बिहान ९ बजेदेखि १२:३० बजेसम्म म कक्षामा बसेर अन्य विद्यालयका विद्यार्थीहरूलाई स्क्यावल खेलाउन सिकाइरहेकी थिएँ । धेरै काम भएकाले म थाकेकी पनि थिएँ र टाउको पनि दुखन

त्यसपिष हामी बाहिर गएर खानेकुरा खायौँ। हामील पप्कर्न, आलु निम्की, कर्ली फ्राइन र मःम खायौँ। खाजा खाइसकेपिष हामी स्टलहरू घुम्यौँ, गेमहरू खेल्यौँ र चकलेट तथा बुकमार्क जित्यौँ। हामी ८ कक्षामा गयौँ जहाँ "स्वचाइड" खेल भइरहे को थियो। मैले खेल खेले र जितौं त्यसपिष कक्षा ५ गयौँ, जहाँ "हिड डिटेक्टिभ" खेल थियो। अनितममा, हामी फेरि कक्षामा फर्कियौँ। खेल खेलेर रमाइलो गर्यौं। त्यसपिष घर फर्कने समय भइसके को थियो। हामीले स्टलहरू बन्द गर्यौ, विद्यालय सफा गर्यौ र भ्यान चढेर घर फर्कियौँ। यी दुई दिन निकै रमाइला थिए। मैले नयाँ कुरा सिकें, रमाइलो गरेँ र साथीहरूसँग समय बिताएँ। यो अनुभव म कहिल्यै बिर्सन सक्दिनँ।

## हाम्रो शैक्षिक भ्रमण

अभिराज थापा कक्षाः ६ (वरूण)

हामी इम्पेरियल वर्ल्ड स्कुलका कक्षा ६ का विद्यार्थीहरू शैक्षिक भ्रमणका सिलसिलामा र वीभवनमा अवस्थित शिल्प उत्पादकहरूको संघ एसोसिएसन अफ ऋाफ्ट प्रोड्यूसर्स गएका थियौँ। हामीले भ्रमणको ऋममा हस्तकलाको बारेमा धेरै कुरा थाहा पायौँ। हामीले सुरुमा त्यहाँ गएर कक्षा ६ का विद्यार्थीहरूको लागि हस्तकलासँग सम्बन्धित थुप्रे जानकारी प्राप्त गर्यौँ। त्यहाँ, माटोका विभिन्न भाँडाहरू, गमला, कप, चिरेको काठबाट बनेका धेरै सजावटी सामानहरू देख्यौँ। हामीले आफ्नै हातले माटोको भाँडाहरू बनायौँ। त्यहाँ, एकदम रमाइलो वातावरणमा माटोको भाँडा आकार दिइरहेका कलाकारहरूको काम पनि

हामीलाई विशेषगरी कागजको सामानहरू बनाउनका लागि प्रयोग हुने सामग्रीहरूको बारे मा पनि जानकारी दिङ्यो । त्यहाँका कामकाजी व्यक्तिहरूले कागजको दराज र अन्य विभिन्न उत्पादनहरू बनाइरहेका थिए। हामीले त्यहाँका रङ्गका प्रयोग र विभिन्न आकारका कागजका वस्तुहरू बनाउने प्रिक्रिया पनि देख्यौँ। त्यसपिछ, हामी अर्को स्थानमा गयौँ जहाँ पानी सफा गर्ने प्रिक्रया देख्यौँ। त्यहाँको वातावरण एकदमै राम्रो थियो र त्यहाँ हामीले नयाँ अनुभव गयौँ। हामीले एउटा सिलाई यन्त्र पनि देख्यौँ जसले ठूलो मात्रामा धागोमा रङ लगाइरहेको थियो।

हाम्रो भ्रमणको अन्त्यमा, हामीलाई विभिन्न पर म्परागत हस्तकलाका बारेमा थप जानकारी प्राप्त भयो । हामीले काठमा रङ्ग लगाएर भोला बनाएर त्यहाँका कलाकारहरूको सृजनशीलता र मेहनतको कदर गयौँ । हामीले सोधपुछ गर्दा, त्यहाँका शिक्षक र कलाकारहरूले हामीलाई हाम्रो सांस्कृतिक धरोहर र हस्तकलाका महत्वबारे थप जानकारी दिनुभयो । यो शैक्षिक भ्रमणले हामीलाई हस्तकला र संस्कृतिको बारे मा धेरै कुरा सिक्न मद्दत गर्यो ।

## 'मण्डला थियटरमा मटिल्डा नाटकको शानदार प्रस्तुति'



अमारा श्रेष्ठ र निम्सा थापा कक्षा ८ (इन्द्रावती)

यही २०८१ माघ २७ गतेदेखि फागुन १ गतेसम्म इम्पेरियल वर्ल्ड स्कुलका विद्यार्थीलं मिटल्डा नाटक प्रदर्शन गरेका थिए । वरिष्ठ अन्तर्राष्ट्रिय लेखक रोल्ड डालद्वारा लेखिएको उक्त नाटकमा विद्यालयका कक्षा ४ देखि कक्षा ९ सम्मका विद्यार्थीहरूले अभिनय गरेका थिए । यो नाटक विद्यार्थीको आत्मविश्वास बढाउने र सामूहिक भाव तथा सहयोगी भावको विकास गर्ने उद्देश्यले आयोजना गरिएको थियो । यो नाटक प्रदर्शनका लागि करिब ९० जना विद्यार्थीलाइ मञ्मा स्थान दिइएको थियो ।

चार दिनसम्म प्रदर्शन गरिएको यस नाटक प्रदर्शनमा प्रमुख अतिथिका रूपमा नेपाली चलचित्रका वरिष्ठ नायक सरोज खनालको उपस्थिति थियो भने अन्य क्षेत्रका विशिष्ट व्यक्तित्वहरू तथा अभिभावकको पनि उत्सहजनक उपस्थिति रहेको थियो । अभिभावक तथा अतिथिहरूले विद्यार्थीको नाट्य प्रदर्शन कलाको खेलेर

प्रशंसा गर्नुभएको थियो । नाटक प्रदर्शनको समयमा वद्यार्थीहरूले कुनैपनि समस्या वा गुनासोबिना लचिलो पनका साथ उत्कृष्ट रूपमा नाटक प्रदर्शन गरेका थिए । उनीहरूले आफ्नो पढाइ र प्रदर्शनलाई सन्तुलनमा राखी काम गरेका थिए । प्रमुख अतिथि सरोज खनालले विद्यार्थीले देखाएको सन्तुलित व्यवहार, कडा परिश्रम र नाटक प्रदर्शनको लचिलोपनको प्रशंसा गर्नुभयो । यस नाटक प्रदर्शनले विद्यालयको शैक्षिक गतिविधिमा नयाँ उचाइ स्थापित गरेको छ । विद्यालयले विद्यार्थीहरूलाई नाटक र अभिनयजस्ता रचनात्मक गतिविधिहरूमा संलग्न गराएर उनीहरूको रचनात्मक क्षमता र आत्मविश्वाश बढाउन योगदान दिएको छ । विद्यालयको यो प्रयासले अन्य विद्यालयलाइ पनि पाठ्यऋममा नाटकलाई जोड्नुपर्ने कुराप्रति प्रोत्साहन गरेको छ ।

## गोरखा र नुवाकोटको शैक्षिक भुमण,



#### अभ्निष ढकाल कक्षा ५ (सेती)

हाम्रो विद्यालयले कक्षा पाँचका विद्यार्थीहरूलाई मिति २०८१ साल पुस १९ गते गोरखा नुवाकोटको शैक्षिक भ्रमणमा लगेको थियो । यसको लागि हामी बिहान सात बजे विद्यालयबाट निस्क्यों। हामी हाम्रो भ्रमणको लागि कलङ्की, थानकोट, धादिङ, गल्फी हुँदै गर्यों र यात्राको ऋममा हामीले धादिङमा नास्ता गर्यों । छ घण्टाको बसको यात्रापिछ हामी गोरखा पुग्यों। गोरखा पुगेर हामीले खाना खायौँ । खाना खाएपिछ हामीले एकछिन आराम गर्यों । त्यसपिछ हामी गोरखा दरबारमा पुग्यों हामीले गोरखाको बारेमा जानकारी पायौँ । त्यसपिछ हामी गोरखा सङ्ग्राहालय पुग्योँ । मेले त्यहाँ अनेकौँ हातहितयारहरू र चित्रहरू देखेँ । त्यसपिछ हामी होटेलमा फिकियौँ । हामीले खाना खायौं र हामी नृत्य र

सङ्गीतमा सहभागी भयौँ । दोस्रो दिन हामी नुवाकोट गयौँ हामीले त्यहाँ गएर पहिले नुवाकोट र गोरखाको सम्बन्ध कस्तो थियो भन्ने जानकारी पायौँ । इतिहासको बारे थाहा पायौँ । त्यसपिछ हामी हर्टिकल्चर फार्म गयौँ । हामी त्यहाँ ग्राफ्टिङ गर्न सिक्यौँ साथै बोटिबक्तवाहरूको बारेमा जानकारी पायौँ । हामी त्यहाँको सामुदायिक विद्यालयमा पनि गयौँ । हामीले त्यहाँको विद्यार्थीहरूलाई शैक्षिक सामाग्री वितरण गयौँ । तेस्रो दिन हामी देवीधाट हाइड्रो पावर हेर्न गयौँ । हामीले त्यहाँ बिजुली उत्पादन कसरी हुँदो रहेछ भन्ने जानकारी पायौँ । यसरी हामी तीन दिनको शैक्षिक भ्रमणमा सहभागी भएर घर फिक्टीौँ । यो शैक्षिक भ्रमणमा सहभागी अत्यन्त रमाइलो र शिक्षाप्रद रहयौ ।

## मेरी प्यारी दिदी

मिशा बस्नेत कक्ष १ ( अरुण )

मेरी दिदीको नाम आकृती बस्नेत हो । मेरी दिदी १३ वर्षकी हुनुभयो । मेरी दिदी ८ कक्षामा पढ्नुहुन्छ । मेरी दिदीलाई चित्र को र्न धेरै मनपर्छ । मेरी दिदील मलाई धेरै माया

गर्नुहुन्छ । म पनि दिदीलाइ धेरै माया गर्छु । म दिदीसँग हुँदा धेरै खुशी हुन्छु । मलाई दिदीले धेरै चकलेट दिनुहुन्छ । मेरी दिदी धेरै ज्ञानी हनुहुन्छ ।

### आशीर्वाद



आश्ना केसी कक्षा ६ (महाकाली)

काठमाडौंको नजिक रहेको सुन्दर गाउँ गोगनपानीमा एक जना केटी बस्थिन् । उनको नाम राधा थियो। राधा एक धार्मिक र आशावादी केटी थिइन्, र प्रायः मन्दिरमा पुजा गर्न जान्थिन् । गाउँमा बस्ने सबै मानिसहरू मन्दिरमा पूजा गर्थे । माया सबैको प्रिय थिइन् र उनका परिवारका सदस्यहरू किसान थिए । उनीहरूको पारिवारिक अवस्था राम्रो थिएन । केही समयदेखि उनको परिवारका सदस्यहरू बिरामी भइरहेका थिए ।

एक दिन बिहानको समयमा माया मन्दिरमा पूजा गरिरहेकी थिइन् । पूजा गर्दा उनलाई भगवानको आशीर्वाद प्राप्त भएको अनुभव भयो । मायाले एक चिन्कलो प्रकाश देखिन्, जुन भगवानको निधारबाट आएको थियो। त्यो प्रकाश देखेर सबै गाउँलेहरू अचिम्मत भए र विश्वास गर्न थाले कि मायाले भगवानको आशीर्वाद पाएकी छिन् । त्यो घटना भएको एक महिना पिछ, मायाले सुले बेला

सपना देखिन् । सपनामा भगवानले मायालाई भने, "माया, तिमीले मेरो आशीर्वाद प्राप्त गरेकी छैं। अब तिमीलाई जानकारी दिन्छु कि गाउँमा एक खतरनाक रोग आउने छ । यो रोग फैलिन नदिनका लागि तिमी मेरो आशीर्वाद प्रयोग गरेर गाउँलाई बचाउनु पर्छ ।" माया निकै खुसी भइन् र भगवानलाई धन्यवाद दिँदै भनिन्, "प्रभु हजुरको दर्शन पाएर म धन्य भएँ । म हजुरको आज्ञालाइ अवश्य पालना गर्नेछु । मलाई यसको योग्य ठान्नुभएकोमा

त्यसपिद्ध केही समयमा, गाउँमा रोग फैलिन थाल्यो । सबै गाउँलेहरू बिरामी हुन थाले र डराउन थाले तर मायाले भगवानको आशीर्वाद प्रयोग गरेर बिरामीहरूको उपचार गर्न थालिन् । उनले सबैलाई बचाउन सुरु गरिन् र धेरै बिरामीहरू निको भए । मायाका कारण गाउँका मानिसहरूमा नयाँ आशा र जीवनको उत्साह मिल्यो ।

## मेरो मनपर्ने पुस्तक



#### सौहार्द राज दाहाल कक्ष ४ (राप्ती)

मैले विभिन्न थरी पुस्तक पढेको छु । मलाई पुस्तकालय गएर नेपाली र अङ्ग्रेजी कथाका पुस्तक पढ़न मनपर्छ । मैले पढेका पुस्तकहरूमध्ये मेरो मनपर्ने पुस्तक 'मेरो कथाको एलियन' हो। यो पुस्तक बालसाहित्यकार अनुराधा शर्माले लेखनुभएको हो ।

यस पुस्तकमा जुनी र उसका साथीहरूको कथा छ । कथामा जुनी र एलियन मुख्य पात्र हुन् । कथाको सुरुमा जुनीले कक्षामा गएर एलियनको कथा सुनाउँछे । त्यसपछि साथीहरूले पनि आफ्नो कथा सुनाउँछन् । बेलुका विद्यालयबाट घर जाँदा जुनीले इमली टिप्न खोज्दा लंडेर बेहोस हुन्छे । उसको होस आउँदा उसले आफ्नो कथाको एलियन भेट्छे । एलियन र जुनी सँगै घुम्न थाल्छन् तर एउटा वैज्ञानिकले एलियनलाई समाउन खोज्छ तर कथाको अन्तमा वैज्ञानिकलाई जुनी र एलियनले मदत गर्छन् र उनीहरू मिल्छन् ।

मलाई यो कथाले विज्ञानको बारेमा र कथा लेखने सिपको बारेमा ज्ञान दियो । मैले यो कथा पढेर कथा लेखन कल्पना गर्ने क्षमता चाहिन्छ भन्ने शिक्षा पाएँ । म यो पुस्तक पढ्नको लागि अरुहरुलाई पनि सुभाव दिन्छु ।

## मेरो अविस्मरणीय यात्रा



सानभी मास्के कक्ष ६ (वरूण)

हामी पुसको १४ गते काठमाडौँबाट घलेगाउँ जानको लागि निस्कियौँ । बिहानको ६:०० बजे हामीले यात्रा सुरु गर्यौ । हाम्रो यो यात्रा तीन दिन र चार रातको थियो । हामीले घलेगाउँ, भुजुङ, बारपाक र गोर्खा घुम्यौँ र यस ऋममा धेरै नयौँ कुरा सिक्यौँ । यो यात्रा साँच्ये रमाइलो र अविस्मरणीय थियो ।

घलेगाउँ

हामी राती ६:३० बजे घलेगाउँ पुग्र्यौँ । त्यहाँ पुग्र्ने बितिकै हाम्रो स्वागत स्थानीय आमा समूहले गरे । हामी होमस्टेमा बसेर त्यहाँको संस्कृति र परम्परा अनुभव गर्न थालेका थियौँ। होमस्टे पुगेपिष्ठ हामीले आगो ताप्यौँ र स्वादिलो खाना खायौँ । त्यसपिष्ठ हामीले त्यहाँको सांस्कृतिक नाच पनि हेर्यौ । अर्को दिन बिहान हामी सूर्योदय हेर्न उठ्यौँ र नास्ता गरे पिष्ठ चिया बारी गर्यौँ । त्यहाँ लगभग ५०,००० चियाको बोटहरू रहेछन् र यो चिया बारी २०६५ सालमा स्थापना भएको रहेछ । यो चिया बारीलाई नमुना चिया बारी पनि भनिन्छ । त्यहाँ भ्रमण पिष्ठ हामी पोरकरी पोखरी हेर्यौँ । पोखरी हेरेर हामीले खाना खायौँ र त्यसपिष्ठ भुजुङतिर लाग्यौँ ।

बारपाक

हामी बारपाक तेम्रो दिनमा घुम्यों । बारपाक २०७२ सालको भूकम्पको केन्द्रविन्दु हो । त्यस भूकम्पले बारपाकका सबै घरहरू भित्कप्टका थिए र १७२ जनाको मृत्यु भएको थियो । नेपाल सरकारले भूकम्प प्रभावित जनतालाई घर बनाउनको लागि हरेकलाई ३ लाख रूपैयाँ उपलब्ध गराएको थियो । हामीले त्यहाँका स्थानीय व्यक्तिहरूसँग भूकम्पको बारेमा कुरा गयौँ । उहाँहरूले हामीले सोधेका सबै प्रश्नहरूको जवाफ चित्त बुङ्ने तरिकाले दिनुभयो । त्यहाँका मानिसहरू भूकम्पको बेलामा चौतारीमा आश्रय लिएर बसेका रहेछन् । उनीहरूलाइ त्यो अप्ठ्यारो समयमा एउटा संस्थाले भेलामा खाना दिएका रहेछन् । नेपाल सरकारले प्रत्येक परिवार लाई ३ लाख रुपियाँ दिएको रहेछ ।

भुजुङ

घलेगाउँबाट भुजुङ धेरै टाढा थिएन। भुजुङ पुग्नका लागि १ देखि १.५ घण्टा लागेको थियो । भुजुङ पुगेर हामीले गाउँ घुम्यौं र वहाँका स्थानीय बासिन्दासँग भुजुङको बारेमा सोधपुछ गर्यौ । अहिले भुजुङ धेरै विकसित भइसकेको छ र त्यहाँका सबै घरहरूमा सोलार पावर प्रयोग हुँदैछन् ।

गोर्खा

हामी गोर्खा राति पुथ्यौँ र त्यो दिन केही गरेका थिएनौँ चौथो दिन हामी गोर्खा घुम्यौँ । बिहान हामी पृथ्वीनारायण शाहको दरवार हेर्न गयौँ । गाईडले हामीलाई दरबारका सबै प्रमुख स्थानहरू देखाएर त्यसका बारेमा जानकारी दिनुभयो। त्यसपिछ हामीले एक खेल खेलेको थियौँ जसको नाम "स्वर्ग जाने बारों" थियो । दरवार घुमेपिछ हामी गोर्खा दरवार सङ्गहालय गयौँ । त्यहाँ पृथ्वीनारायण शाहको पालादे खिका सबै ऐतिहासिक सामग्रीहरू सङ्खल गरेर राखिएको थियो। सङ्गहालयमा लडाइँका समयमा प्रयोग भएका हितयारहरू पनि राखिएका थिए । सङ्गहालय धुमेर हामी काठमाडौँ फिकियौँ ।

यो यात्रा साँच्ये अविस्मरणीय थियो र मैले यसबाट धेरै नयाँ कुरा सिकाँ ।

## दोस्रो काठमाडौ कला तथा साहित्य महोत्सव सम्पन्न



अभ्युदय पण्डित र रितेश बुढाथोकी कक्षा ९ (गण्डकी)

काठमाडौँ । बुढानीलकण्ठको हातिगौँडामा रहेको इम्पेरियल वर्ल्ड स्कूलले दोस्रो काठमाडौँ कला तथा साहित्य महोत्सव सफलतापूर्वक सम्पन्न गरेको छ । दुई दिनसम्म (माघ १७ र १८) चलेको यो महोत्सवले बालबालिकाको सिर्जनशीलता, कला, साहित्य र अभिव्यित्तिलाई उजागर गर्ने अवसर प्रदान गर्यो । महोत्सवको उद्घाटन बुढानीलकण्ठ नगरपालिकाका नगरप्रमुख मिठाराम अधिकारीज्यूले गर्नुभयो । उहाँले शिक्षामा निजी र सरकारी विद्यालयहरूबीच सहकार्य आवश्यक रहेको बताउँदै यस्ता कार्यक्रमहरूले बालबालिकालाई आफ्नो प्रतिभा पहिचान गर्न मदत गर्ने धारणा राख्नुभयो ।

कार्यऋममा वरिष्ठ पत्रकार युवराज घिमिरेज्यू

शिक्षाविद् प्रा. डा. विद्यानाथ कोइरालाज्यू, प्रख्यात लेखक तथा चलचित्र निर्देशक प्रकाश सायमीज्यू, टिभी निर्देशक अमन प्रताप अधिकारीज्यू, लेखक वसन्त बस्नेतज्यू, प्राडा देवी नेपालज्यू, वरिष्ठ नाटक निर्देशक अशेष मल्लज्यू, वरिष्ठ आख्यानकार नयनराज पाण्डेज्यू लगायत विभिन्न विशिष्ट व्यक्तित्वहरूको उपस्थित रहेको थियो । उहाँहरूले कला तथा साहित्यको महत्त्वबारे आफ्ना अनुभव र विचारहरू भन्नुभयो । पहिलो दिन बालबालिकाको भविष्य निर्माणसम्बन्धी छलफ्ल, चित्रकला प्रदर्शनी, साहित्यक गतिविधिहरू र विद्यार्थीहरूका लागि अन्तरिक्रयात्मक सत्रहरू आयोजना गरियो। दोस्रो दिन कठपुतली नाटक, सर्जनात्मक स्टलहरू, भिजुअल स्टोरी टेलिङ लगायतका रमाइला गतिविधिहरूले महोत्सवलाई अभ्र रमाइलो बनायो।

महोत्सवको विशेष क्षणमध्ये इम्पेरियल वर्ल्ड स्कूलका विद्यार्थीहरूले तयार पारेका पल्लव नेपाली कविता "सङ्गह", पल्लव "Echoes of the Wonderful Mind" अङ्गेजी कथा सङ्गहको विमोचन गरियो । पुस्तक बिऋीबाट सङ्झित रकम मदन आश्रित स्कूलका विद्यार्थीहरूको लागि पुस्तकालय निर्माण गर्न खर्च गरिने घोषणा गरिएको थियो । विद्यालयकी प्रधानाध्यापक जुनीता कार्कीज्यूले विद्यार्थीहरूको सिर्जनशीलता उजागर गर्न तथा उनीहरूलाई कला र साहित्यमा संलग्न गराउन यो महोत्सव आयोजना गरिएको बताउनुभयो । उहाँले महोत्सव प्रत्येक वर्ष आयोजना गरिन प्रतिबद्धता व्यक्त गर्दे, यसले बालबालिकालाई आफ्नो सोच र कल्पनालाई स्वतन्त्र रूपमा अभिव्यक्त गर्न प्रेरित गर्ने विश्वास व्यक्त गर्नुभयो ।

## मेरो कोरिया भ्रमणको अनुभव



जोला थकाली कक्ष ५ (भेरी)

हामी नयाँ कुरा सिक्न, रमाइलो गर्न आफन्तलाई भेट्नका लागि भ्रमण वा यात्रामा जान्छौँ। हामीले विभिन्न ठाँउमा जाँदा त्यहाँको इतिहासको बारे थाहा पाउन सक्छौँ। प्राकृतिक सुन्दरता हेर्न सक्छौँ। त्यस ठाउँको कला, संस्कृति भाषाबारे थाहा पाउन सक्छौँ। तीन वर्ष अगाडि म मेरो परिवारसँग कोरिया गएकी

कोरिया जानको लागि हामी त्रिभुवन अन्तर्राष्ट्रिय विमानस्थलबाट हवाइजहाज चढेर थाइल्याण्ड पुग्यौँ । पाँच छ घण्टा थाइल्याडको एयरपोर्टमा बसेपछि कोरिया जानको लागि हवाइजहाज चढ्यौँ । त्यहाँबाट छ घण्टामा हामी कोरिया पुग्यौँ । कोरियामा म विभिन्न ठाउँ घुम्न गएँ । जस्तै, लटे टावर, नामसान टावर, प्यालेस जस्ता ठाउँमा गएँ। कोरियामा त्यतिबे लाको मौसम चिसो थियो । म जाँदाखेरि हेमन्त ऋतु थियो । तसर्थ रूखका पातहरू खैरा र सुन्तला रङका थिए । आकाश छ्याङ्ङ थियो । बाटाहरू शान्त थिए । त्यहाँको वातावरण रमणीय थियो । त्यहाँका मानिसहरू दयालु र सहयोगी स्वभावका थिए । यातायातको सुविधा पनि राम्रो थियो । कोरियामा विभिन्न ठाउँ जान सजिलो थियो । कोरिया एउटा विकसित देश पनि हो । मैले त्यहाँ विभिन्न थरीका खाना पनि खाएँ। मैले त्यहाँ आफ्ना परि वारसँग रमाइलो समय बिताएँ। यस्तो शाान्त र सुन्दर देशको भ्रमणका पलहरू मेरो लागि अविस्मरणिय रहे । म ठूलो भएपछि फेरि पनि कोरि या जाने छु र त्यहाँको सुन्दरता अभ पनि हेर्न मन

## मेरी आमा



सव्या ढुङ्गाना कक्षा ५ (भेरी)

मेरी आमा हुन् मेरो लागि सबथोक आमा मेटाउँछिन् सबैको भोक । उनले धान्छिन् सारा घर आमा शब्द नै कति सुन्दर ॥

आमा हुन्छिन् सबैको लागि प्यारी लाग्छ मलाई मेरी आमा नै राम्री । उनी नै हुन् मलाई खुसी बनाउने उनी नै हुन् मलाई जीवन दिने ॥

आमाले देखाउँछिन् बाटो भविष्यको आमामा नै छ संसार समेटिएको । उनी छन् र त छरिन्छ उज्यालो उनी बिना यो संसारे अन्धकार कालो ॥

## मेरा खेलौनाहरू

अन्सु कार्की कक्ष १ (अरुण)

मसँग धेरै खेलौना छन्। मेरा खेलौना सानाठुला छन्।

मेरा खेलौना धेरै राम्रा छन्। मलाई खेलैनाहरू मनपर्छन्।

मेरो खेलौनाको रङ राम्रो छ । मेरो खेलौना प्यारो छ ।

म खेलौनालाई मिलाउँछु । धेरै जतनले राख्छु ।

## यी हुन् बबिता

आन्भी कश्यप कक्ष ६ (वरुण)

कित राम्नी सानी नानी नाम हो बबिता संधैँ लेख्छिन् ज्ञानी भइ राम्ना कविता ।

सबैले गर्छन् उनलाइ धेरै धेरै माया उनी भने फिर्तामा दिन्छिन सबैलाइ दया ।

हेर्दा सानी भए पनि एकदमै ज्ञानी भरिएका छन् उनीभित्र राम्रा राम्रा बानी ।

एउटै घरमा मिली बस्छन् उनका सानो भाइ आमा बाबा दिदी र अर्को ठूला दाइ।

परिवारमा सहकार्य मेलमिलाप छ घरमा चलेको छ दैनिकी एकअर्काको भरमा ।

## मनपर्ने सवारी



जेसन बस्नेत कक्षा १ (तमोर)

मैले भविष्यमा गाडी किनें भने बुगाटी गाडी किन्छु होला । यो गाडी धेरै छिटो चल्छ । मलाई यो गाडीको डिजाइन धेरै मनपर्छ । यसका रङहरू पनि राम्रा राम्रा हुन्छन् । मलाई यो गाडी एकदमै चढ्न मन छ । त्यसैले मलाई यो गाडी मनपर्छ ।

### शरद ऋतु

हेली भारती कक्षा १ (तमोर)

शरद ऋतु एक सुन्दर ऋतु हो । यो ऋतु असोज कार्तिक महिनामा पर्छ। आकाश निलो र खुल्ला हुन्छ । हावा विसो र मिठो लाग्छ । फूलहरू फुल्छन् । विशेषगरी सयपत्री र गोदावरी फुलेका हुन्छन् । चर चुरुङ्गी खुसी हुन्छन् । खेतबारीमा धान पाक्छन् । यो संबैलाई मनपर्ने रमाइलो ऋतु हो ।

### बाखा र गाई



आविश श्रेष्ठ कक्षा ३ (मर्स्याङ्दी)

एउटा गाउँमा बाख्रो र गाई थिए । एकदिन गाई घाँस खाँदै गर्दा स्याल आयो । त्यो देखेर गाई डरायो । बाख्रो पिन निजकै घाँस खाँदैथियो । स्याल आएको देखेर बाख्रो पिन भाग्न खोज्यो तर उसले सोच्यो हामीले यस्तो बेला अरुको सहयोग गर्नुपर्छ । बाख्राले निजकै भएका सबै बाख्राहरू र गाईगोरु बिलर त्यायो । सबै बाख्राहरू र गाईगोरु मिलर स्याललाई घेरे । सबै मिलर आफूलाई घेरेको देखेर स्याल डरायो । स्याल फुत भाग्यो । त्यो देखेर गाईले बाख्रालाई धन्यवाद भन्यो र स्याल भागेपिछ सबै जनावर खुसी भए । अनि गाई र बाख्रा दुबै मिल्ने साथी बने ।

## मोबाइल



निसृन केसी कक्षा २ (तिनाउ)

मोबाइल फोन आजको समयमा हामीलाई एकदम आवश्यक पर्ने कुरा हो । मोबाइल फोन नभएको भए हामीहरू एकदम दुःखी हुन्थ्यौँ र नरमाइलो पनि हुन्थ्यो । टाढा टाढाका मान्छेहरूसँग बोल्न हामीलाई निकै गाही हुन्थ्यो । उहाँहरूसँग बोल्न हामीलाई चिठी पठाउनु पथ्यो । तर त्यसमा धेरै समय लाग्थ्यो । मोबाइलमा गेम पनि खेल्न पाइन्दैनथ्यो । हामीलाई एकदम नै बोर हुन्थ्यो ।

### मेरो मनपर्ने खेल



सुशान्त लाल श्रेष्ठ कक्षा १ (अरुण)

मेरो मनपर्ने खेल फुटबल हो। मेरो मनपर्ने खेलाडी रोनाल्डो हो । म सधैँ घरमा फुटबल खेल्छु । मेरो बाबा पनि मसँग फुटबल खेल्नुहुन्छ। म फूटबल खेल् दा डिब्लिङ राम्रो गर्छु । मसँग सुन्तला रङ्गको फुटबल छ । फुटबल खेल्दा मेरो स्वास्थ्य राम्रो हुन्छ । मेरो घरमा सबैलाई फुटबल मनपर्छ। फुटबलबाट मानिसहरु धेरै चर्चित भएका छन् ।

### किटक्याट



सृजा पन्त कक्षा ३ (त्रिशुली)

किटक्याट एउटा चकलेट हो । यसलाई मानिसले खान्छन् । विशेष गरेर यो चकलेट बालबालिकाहरूले धेरै मन पराउँछन् । चकलेट खासगरी कोको नामक फलको धुलोबाट बनाइन्छ। यस फलको बियाँ निकालेर घाममा सुकाउने गरिन्छ । त्यसपिछ सुकेको बियाँलाई पिसेर मैदाको पिठो जस्तो धुलो पारिन्छ । उक्त धुलोमा चिनी, कोको, दुध, तथा हाइड्रोजेनेटेड कुराहरू वा भैंसीको दुध मिसाएर जमाउने गरिन्छ । यसरीको जमेको ठोस वस्तुलाई विभिन्न आकारमा काटेर अलग प्याकेट बनाइन्छ र यो अहिले एकदमै चलेको र केटाकेटीलाई मनपर्ने चकलेटमा पर्छ ।

## गाजरको हलुवा

श्रेणीका थिङ कक्षा २ (सुनकोशी)

मैले एउटा कथा पढेँ जसको नाम गाजरको हलुवा थियो । गाजरको हलुवा कथामा एउटा श्रीमान खरायो ले र श्रीमती खरायो थिए । श्रीमान खरायोले आफ् नो श्रीमतीलाई उसको चाहना पूरा गर्नको लागि गाजरको हलुवा बनाउने निधो गरेको देखाइएको छ ।

श्रीमान खरायोले आफ्नो इमान्दारिता साथ सबै ि फिमेकीसँग हारगुहार गर्दै आफ्नो श्रीमती खरायोको हलुवा खाने चाहना सुनाएर सबैसँग सहयोग मागे को छ । साथै अन्त्यमा सबै ि छिमेकी ि मिलेर गाजरको हलुवा बनाए र सबैजना ि मिलेर गाजरको हलुवा खाएको देखाइएको छ । यसरी श्रीमान खरायोले आफ्नो श्रीमती खरायोको गाजरको हलुवा खान चुरा गरेको छ ।



## "खाउपडी" नाटक प्रदर्शन



आरध्य शर्मा पण्डित कक्ष ५ (सेती)

हाम्रो विद्यालयले २०८१ माघको १७ र १८ गते कला र सहित्य महोत्सव आयोजना गरेको थियो। यस कार्यऋममा विभिन्न विद्यालयहरू सहभागी भएका थिए। हाम्रो स्कुलका विद्याथीहरूले नाटकहरू, खेल, रेडियो ड्रामा आदि प्रदर्शन गरे। नेपाली र अङ्ग्रेजी साहित्यका विशेषज्ञहरूले कार्यशाला सञ्चालन गर्नुभयो। यस महोत्सवमा खाना र किताबका स्टलहरू थिए। हामीले बनाएका चित्रहरू पनि प्रदर्शन गरिएका थिए। कित चित्रहरू बिऋीका लागि पनि राखिएका थिए। यस महोत्सवमा विद्यार्थीहरूले लेखेका कथा र कविताका पुस्तकको विमोचन भएको थियो। यो महोत्सवमा म छाउपडी नाटकमा सहभागी भएको थिएँ। मैले नाटकमा छोराको भूमिका निभाएको थिएँ। यस नाटकमा हामी कक्षा चार र पाँचका विद्यार्थीहरू सहभागी भएका थियौँ। यो नाटकको विषयवस्तु नेपालको सुदूरपश्चिमका ग्रामिण भेगमा प्रचलित महिलाहरू महिनावारी हुँदा उनीहरूलाई कसेले छुन नहुने र घर परिवारदेखि बेग्लिएर बस्नुपर्ने परम्परामा आधारित थियो। यो नाटकले हाम्रो समाजमा प्रचलित यस्तो कुप्रथालाई हटाउनुपर्छ भन्ने सन्देश दिएको थियो। हाम्रो नाटक सबैले मन पराउनुभयो। यस महोत्सवमा मैले कला र साहित्यको बारेमा सिक्ने र आफ्नो कला प्रदंशन गर्ने अवसर पाएँ। यसले मलाई रमाइलो अनुभव गरायो।

## मेरो सपना

देवशी ढकाल कक्षा ९(गण्डकी)

पल्लवित बनोस् मेरो सपना आकाशमा उडोस् चराजस्तै स्वतन्त्र जीवनको मीठो चाहना मनभरि रहेस् आशाजस्तै।

पुष्पक्षें फिक्रयोस् मेरो अस्तित्व बगैँचामा सुगन्ध फैलियोस् । जीवनमा आओस् उर्जा नयाँ हरदिन उज्यालो दिओस् ।

जुनले चिम्कयोस् मेरो पथ तारा बनोस् साथी रातभर समयको हरेक पाइलामा भरियोस् प्रेरणा र सङ्गर्ष र सफलताको स्वर ।

समु जस्तै गहिरो बनोस् सोच तर ज्ञीत भावनाले जगाओस् संसार नदीभैँ बग्दै अघि बढोस् जीवन पुगोस् गन्तव्य हरघडी तयार ।

#### रुख



वात्सल्य सिंह कक्षा ४ (नारायणी)

हाम्रो घरमा एउटा रुख छ यसको छहरीमा हाम्रो सुख छ । रुखले हामीलाई अक्सिजन दिन्छ र कार्बनडाइअक्साइड लिन्छ ।

रुखमा हुन्छ चराहरुको वास यो हो सबैको लागि खास । रुखले दिन्छ शीतल हावा यसलाई गर्नुपर्छ हामीले माया ।

फलफुल दिन्छ हामीलाई रुखले स्वस्थ राख्छ सबैलाई सुखले । रुख रोपों, वन जङ्गल बनाओं प्रकृतिलाई विनाश हुनबाट बचाओं ।

## जाडो बिदा

आरभ प्रताप सिंह कक्षा १ (तमोर)

म यसपटकको जाडो विदामा परिवारसँग पोखरा घुम्न गएँ। म पोखरा एयरपोर्टबाट हायसमा रूपाकोट रिसोर्टमा गएँ। पोखरा निकै सुन्दर रहेछ । मैले त्यहाँ माछापुछे हिमाल, अन्नपूर्ण हिमाल देखेँ। म फेवातालमा डुङ्गामा बसेर सररर घुमेँ। मैले पोखरामा अल्ट्रालाइट फ्लाइट गरेँ। जुन निकै रमाइलो थियो। म अर्को दिन फिस्टेल् होटलमा बसेँ र जहाजबाट काठमाडौँ फर्केँ। त्यसैले यसपटकको मेरो जाडो बिदा धेरै रमाइलो भयो।

### मेरो भाइ

बियासा के.सी कक्षा १ (अरुण)

मेरो भाइको नाम बिभान्स के.सी हो। ऊ चार वर्षको भयो। म सधैँ मेरो भाइसँग खेल्छु। मलाई मेरो भाइको धेरै माया लाग्छ। मेरो भाइ अलि चकचके छ। मेरो भाइलाई पिज्जा मन पर्छ। मेरो भाइ युरो किङ्समा पढ्छ। म मेरो भाइलाई धेरै माया गर्छु।

## पोखरामा गरिएको भ्रमण



छिमी डोल्मा शेर्पा कक्षा १ (तमोर)

म यसपालिको जाडो विदामा आफ्नो परिवारसँग पोखरा घुम्न गएँ। हामी केही दिन पोखरामा बसेर त्यहीँ वरपर घुम्यौँ। पोखराको फेवताल मलाई धेरै मनपर्यो। केही दिन पोखरामा बसेपिछ हामी पुनहिलसम्म ट्रेकिङ गयौँ। यस भ्रमणमा मैले पहिलो पटक अन्नपूर्ण, माछापुछे र धौलागिरी जस्ता हिमाललाई निजकबाट हेर्ने मौका पाएँ। ३२१० मिटर उचाइमा रहेको पुनहिलबाट देखिने दृश्य साँच्चे ने मन लोभ्याउने खालको थियो। चिसो मौसम भए पनि बाटामा देखिएका हरियाली, चराचुरुङ्गीका आवाजहरू र घामले टिक्कएका हिमालहरू देख्दा मन नै आनन्दित भएर आयो। सहर बजारको भ्रिडमा भन्दा पनि यस्ता ठाउँमा भ्रमण गर्नु निकै रमाइलो हुने

## सांस्कृतिक पोशाक



कृशव पराजुली कक्षा २ (तिनाउ)

नमस्कार मेरो नाम कृथव पराजुली हो । म नेपाली पोशाक दौरा सुरुवाल र टोपी लगाउँछु । यो हाम्रो सांस्कृतिक पोशाक हो । यो पोशाक हामी विभिन्न चाडपर्व र सांस्कृतिक कार्यक्रम भएको बेलामा लगाउँछौँ । मलाई सांस्कृतिक पोशाक धेरै मनपर्छ । सांस्कृतिक पोशाकले हाम्रो देशको संस्कृतिलाई चिनाउँछ र हामीले आफ्नो सांस्कृतिक पोशाकलाई माया गरेर राख्नुपर्छ ।



#### धर

अथर्व अग्रवाल कक्ष ४ (राप्ती)

सहरमा ठुलाठुला गफ्उँमा सानासाना आवश्यकता अनुसार घरका छाना ।

धनीका घर ठुलाठुला गरिबका साना त्यहीँ सानो घरमा पनि कति धेरै माया ।

बाबाआमा, दाजुभाइ, दिदीबहिनी सबै हजुरबुबा हजुरआमा रिसाउन्न कतै।

त्यही घरमा मेरा आफ्ना सबै सदस्यले निस्वार्थ माया बाँडुछौँ आफ्ना दायित्वले ।

दिनभरि कामकाजले जहाँ पुगे पनि फर्की आउँछौँ साँभ हामी आफ्नो घर भनी ।

घामपानी अन्य सबै जोखिमहरूबाट जोगाउँछ मेरो घरले धेरै किसिमबाट ।

सानो ठुलो जस्तो होस् मिलिजुली बस्छौँ सदस्यको उमेरअनुसार माया सद्भाव बाँइछौ।

## बिस्कुटको खोल



आर्यतारा श्रेष्ठ कक्षा ३ (मर्स्याङ्दी)

यो बिस्कुटको खोल हो । यो खोलको काम बिस्कुटलाई किरा, कमिला, घाम, पानी र ओसबाट सुरक्षित राख्नु हो । यसमा बिस्कुटको कम्पनीको नाम पनि लेखिएको छ । बिस्कुटको नाम साथसाथै स्वाद अनि फ्लेभर पनि लेखिएको छ । बिस्कुटको खोलमा बिस्कुट बनेको म्याद लेखिएको हुन्छ । त्यसमा कम्पनीको नाम, ठेगाना, बिस्कुट बनाउने तरि का र बिस्कुटको तत्व लेखिएको हुन्छ। बिस्कुटको खो लमा बारकोड पनि राखिएको हुन्छ । यस्ता खोलहरूले भित्र भएको सामानलाई सुरक्षित राख्दछ ।

### किताब



आशीया काकी कक्षा ५ (भेरी)

किताबले दिन्छ हामीलाई ज्ञान यसले बढाउँछ हाम्रो सम्मान । किताब हुन्छन् थरीथरीका यसले दिन्छ ज्ञान संसारभरिका ।

किताब हो ज्ञानको भण्डार यसले घुमाउँछ हामीलाई संसार । किताबमा हुन्छन् थरीधरीका अक्षर यसले बनाउँछ हामीलाई साक्षर।

किताब पढेर बन्छन् मानिस विद्वान् यसले बनाउँछ सबैलाई महान् । किताबलाई राख्छु म मेरो साथ यसलाई पढ्नेले गर्छ संसारमा राज ।

### लप्सीको अचार



समेरा अधिकारी कक्षा ३ (मर्स्याङ्दी)

हामीले विद्यालयमा गएको माघ महिनाको शुऋबार ११ गते लप्सीको अचार बनाएका थियौँ । हाम्रो शिक्षकले हामीलाई धेरै लप्सी पखाल्न लगाउनुभयो । त्यसपिछ हामीले सबै लप्सी एउटा ठूलो भाँडामा हाल्यौँ र त्यसलाई उमाल्यौँ । लप्सी मन्जाले उसिनिएपछि हामीले त्यसलाई निकाल्यौँ । केहीछिनपछि फेरि कराइ बसाल्यौँ । कराइ बसालेर तेल ततायौँ । तेलमा मेथी खुर्सानी फुऱ्यायौँ । त्यसैमा ज्वानो र जिरा पनि हाल्यौँ । त्यसपिष्ठ लप्सी हाल्यौँ । लप्सी हालिसकेपिछ हामीले नुन, चिनी र अरु मसलाहरू राखेर एकछिन चलाउँदै पकाउँदै गयौँ । लप्सी मज्जाले पाकेपिछ हामीले कराइलाई तल भार्यौँ र अलिअलि लप्सीको अचार हामी सबैले चाख्यौँ । यो अचार साह्रै मिठो थियो मलाई लप्सीको अचार गुलियो अमिलो र नुनिलो पनि हुँदो रहेछ भनेर थाहा भयो । त्यो त लप्सीको खट्टीमिठी पो रहेछ ।

## मेरो हजुरबुवा



आरोही खड्का कक्ष १ (अरुण)

मेरो हजुरबुबाको नाम नानीराम खड्का हो । मेरो हजुरबुबा ५७ बर्षको हुनुभयो । हजुरबुबाले कक्षा १० सम्म पढनुभएको छ। हजुरबुबाले प्रोजेक्टमा काम गर्नुहुन्छ । उहाँ मलाई धेरै माया गर्नुहुन्छ। उहाँले मेरो सबै खुसीको ख्याल गर्नुहुन्छ । उहाँको लागि म सम्पुर्ण संसार हुँ । उहाँले मलाई बाल्यकाल देखिने धेरै माया गर्नुहुन्थ्यो । उहाँले मलाई सधै स्कुलमा पुर्याउने र घर ल्याउने गर्नुहुन्छ । उहाँले मलाई धेरै

राम्मा कुराहरू र कथाहरु सुनाउनुहुन्छ । त्यसे ले मेरो लागि मेरो हजुरबुबा भगवान सम्मान हुनुहुन्छ । सबैजनाले आआफ्नो हजुरबुबा र हजुरआमालई माया सम्मान भावले हेरी सहयोगी भूमीका साथ राख्नुपर्छ कसेले पनि वृद्धा अबस्थामा हजुरबुबा र हजुरआमालाई बृद्धाश्रममा पठाउनु हुँदैन ।

## भालुको खेलौना



#### आधिरा थापा कक्षा ३ (त्रिशुली)

भालुको खेलौना मेरो मनपर्ने खेलौना हो । किनकि भालुको खेलौना नरम हुन्छ । र सुत्ने बेलामा मलाई आराम र आनन्द दिन्छ। भालुको खेलौना धेरै रङका हुन्छन । जस्तैः कालो खेरो सेतो हरियो आदि। मलाई सानो भालुको खेलौना मनपर्छ । म जहिले पनि रिसाउँदा आफ्नो भालुको खेलौना लिएर गएर घर बाहिर बसेर खेल्छु। अनि आफैँ खुसी हुन्छु । मलाई खैरो भालुको खेलौना मनपर्छ ।

## कुरिलो रोपन जिंग्याकलाप



कुञ्जन पाण्डे कक्षा ४ (नारायणी)

हामीले आज मिति २०८१/११/०१ गते विद्यालयमा कुरिलो रोपन ऋियाकलाप गयौँ । हाम्रो नेपाली पुस्तकमा कुरिलो खेती भन्ने पाठ रहेको छ । त्यही पाठ पढ्ने ऋममा हामीले विद्यालयको करेसाबारीमा कुरिलो रोप्ने काम गयौँ । पहिला हामीले प्लास्टिक गिलासमा मल मिसिएको माटो राख्यौं । त्यसपिष्ठ हामीले कुरिलोको बिउ हाल्यौं र पानी हाल्यौं । त्या गिलासलाई कक्षाअगाडि राख्यों अनि पानी हाल्यों। आज हामीले कुरिलो खेती गर्ने तरिका, यसको उपयोगिता र महत्त्वबारे गहिरो जानकारी लिने अवसर पायौँ । अब कुरिलो उम्रिएपिछ जब टुसा अलि ठुलो हुन्छ तब त्यो टुसालाई तरकारी र सलाद बनाएर खान मिल्छ ।

## हाम्रो राष्ट्रिय मन्डा



अग्रिम ओक्षा कक्ष २ (सुनकोशी)

हाम्रो राष्ट्रिय क्षन्डा नेपालको इतिहास र संस्कृतिको प्रतीक हो । हाम्रो राष्ट्रिय क्षन्डा दुईवटा त्रिकोणले बने को छ । यी त्रिकोणले नेपालका हिमाललाई जनाउँछ । यसमा रातो, सेतो, र नीलो रङ्ग छन् । से तो रङ्गको सूर्य र चन्द्रमा छन् । यसमा अङ्कित सूर्यले हाम्रो देशको शक्ति र ऊर्जा जनाउँछ भने चन्द्रमाले शान्ति र मेलमिलापलाई जनाउँछ । नीलो रङ्ग शान्ति र एकताको र रातो रङ्ग हाम्रो साहस, वीरता र दे शप्रति समर्पणको प्रतीक हुन् ।

### स्थानीय उत्पादन

बाबुराम के सी कक्षा २ (सुनकोशी)



स्थानीय उत्पादन भनेको हाम्रो देशमा हाम्रो वरपर उत्पादन हुने सामान हो । स्थानीय उत्पादनले हामीलाई धेरै कुराको फाइदा गर्छ । स्थानीय उत्पादन सजिले पाउन सिकन्छ । स्थानीय उत्पादन धेरै महँगो हुँदैन । स्थानीय उत्पादनलाई बिन्नी गरेर पैसा कमाउन सिकन्छ । स्थानीय उत्पादन सफा र ताजा हुन्छ । यसले हामीहरूलाई स्वास्थ्यमा फाइदा गर्छ । यसले हामीलाई रोजगारी दिन्छ । स्थानीय सामान प्रयोग गर्दा हाम्रो गाउँ र शहर राम्रो बन्छ । त्यसैले हामी सबैले स्थानीय उत्पादन प्रयोग गर्ने बानी

## Student's Art



Abhyudaya Pandit, IX Gandaki, Light & Shade Study, Acrylic on Canvas



Kunjika Kattel, IX Gandaki, David, Pencils on Paper



Denn Bajracharya, VI Barun, Tsunami, Acrylic on Canvas



Kavya Nahata, IX Gandaki, Light and Shade Study, Acrylic on Canvas



Miksen, Arnab, & Arogya, VII Karnali, Camouflage, Collage on Paper



Nimisha Shrestha, IX Gandaki, Girl with a Pearl Earring, Acrylic on Canvas



Paaliza Shrestha, V Seti, Girl & Wood art, Pencil Color on Paper



Students of II Tinau\_Sunkoshi, Poster Design, Tempera on Paper



Parul Chapai, IX Gandaki, Light and Shade Study, Acrylic on Canvas



Students of I Arun, Texture, Paper



Shreyank B Shakya, VI Mahakali, Flood, Acrylic on Canvas



Students of I Arun, Texture, Paper Mache



Arshiya Karki, V Bheri, Illustration, Mixed



Arushi Dawadi, IX Gandaki, Perspective



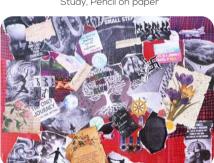
Aayan Shrestha, V Seti, Anime, Ink on Paper



Students of IV Narayani\_Rapti, Greek-inspired Pottery, Acrylic on Clay



Students of IV Narayani, Poster Design, Tempera on Paper



Students of V Seti Bheri, Collage Art, Images on Paper



Students of VI Barun\_Mahakali, River, Collage on Paper

Samrant Bista, IV Narayani, Still Life,

Pencil Color on Paper



Students of I Arun, Texture, Paper Mache



Students of VI Barun, Light Art Installation for IWS Orchestra Night, New Media



Stutee & Sabhira, VIII Babai, Greek-Egyptian Mask, Acrylic on Paper Mache

## Activities



We were honored to host Hon. Minister of Education, Bidhya Bhattarai, at Imperial World School. She explored our innovative teaching methods, SDG integration, and student empowerment initiatives while engaging with administrators and Grade 10 students on Nepal's education system. Her visit reinforced our commitment to educational excellence and community collaboration





Imperial World School's Annual Sports Meet was a vibrant celebration of athleticism and teamwork. Olympian Santoshi Shrestha inspired students with her journey to the Paris Olympics. The event featured exciting indoor and outdoor games, cultural performances, and an uplifting award ceremony, fostering discipline, resilience and school spirit.



The grand finale is here! Day 4 of the Annual Sports Meet 2024 is packed with thrilling final matches, cheers, and celebrations. As champions emerge, the day showcases teamwork, resilience, and true sportsmanship.



Grade 8 to 10 students embarked on an enriching journey to Uppardan Gadi & Meghauli-Chitwan from Jan 3-6, 2081, exploring history, nature, and culture firsthand!



Adventure & Smiles! Grade 4 students embracing the thrill of exploration on their academic excursion!



Grade 5 students explored Nepal's history, heritage, and sustainability through hands-on learning at Gorkha, Nuwakot, and local schools!



Grade 6 students spent 4 days exploring Grade 6 students spent 4 days explorir history, culture, and resilience through homestays in Ghalegaun, interactions in Bhujung, post-earthquake rebuilding in Barpak, and learning about Nepol's heritage at Gorkha Durbar. It was an educational and adventurous journey



Grade 7 students embarked on an enriching academic excursion, exploring new perspectives, deepening their knowledge, and creating unforgettable memories through hands-on learning and cultural experiences.



Grade 4 students rocked the Exit Point for the IPC theme 'Shake It,' exploring the science of movement, energy, and forces through fun and interactive



Kathmandu Art and Literature Festival - Chapter 2: A celebration of words and imagination! We unveiled three books- पल्लव, पल्लव कविता संग्रह, and Echoes of the Wonderful Mind-at an inspiring event with dignitaries like Kumar Karki and Mayor Mitharam Adhikari, alongside special guests like Yuvaraj Ghimire and Basanta Basnet. A true celebration of Kathmandu's literary spirit!



Imperial World School proudly hosted Prime Minister KP Sharma Oli for the 'Youth Interactive Session – 2081 on 21st Magh. Students from various schools engaged in an insightful session, with a memorable Q&A and tree planting ceremony by the Prime Minister. A truly inspiring and unforgettable experience for the IWS community!



Matilda: A Theatrical Triumph by Imperial World School! Over four days, our talented students brought Roald Dahl's classic to life at Mandala Theatre with captivating performances and stunning stagecraft. A celebration of creativity, teamwork, and artistic excellence—thank you to everyone who made this production unforgettable!



कक्षा २ का विद्याथीहरूले नेबिको बिस्कुट कारखानामा शै क्षिक यात्रा गरे, जहाँ उनीहरूले बिस्कुट उत्पादन प्रक्रिया, कच्चा पदार्थ छनोट, प्याकेजिङ र वितरणका चरणहरू नजिकबाट अनुभव गरे। यो भ्रमणले उनीहरूलाई औद्यो गिक उत्पादन र आपूर्ति शृङ्खला बुभ्छ्न मद्दत गर्यो ।



Imperial World School celebrated unity and teamwork at our Annual Staff Picnic at Soaltee Westend Resort, Nagarkotl A day of laughter, relaxation, and strengthening our bond as a team. Here's to our inspiring, supportive, and successful team!



Imperial World School hosted an insightful session with Dr. Bilha Paryente, a renowned Educational Psychologist, on enhancing teacher-parent relationships. Educators gained valuable perspectives on collaboration, followed by an engaging lecture, Q&A, and networking. Thank you to all who joined us!



Grade 10 completed their Exit Point on 'Leadership,' exploring key qualities decision-making, and teamwork. Through discussions and activities, students reflected on what it takes to become effective leaders, preparing for future leadership roles.



Through our IMYC Exit Point, students explored the essence of respectembracing diversity, honoring cultures, valuing professions, and fostering self-respect, deepening their appreciation for the world around them.



Grade VIII learners explored 'Community' through the IMYC theme, showcasing insightful presentations and reflections on collaboration, belonging, and social responsibility. Congratulations to our young thinkers for an inspiring journey!



Grade 1's Rising Stars shined on Class Day with impressive Taekwondo moves, drama performances, musical renditions, and vibrant dances, showcasing their creativity, hard work, and enthusiasm in a memorable celebration of growth!



Imperial World School upheld its Imperial World School upheld its commitment to CSR by hosting special math classes for students of Shree Madan Aashrit Adarsha Secondary School, sharing effective learning methods and fostering collaboration to empower young minds!



Master's students in Mathematics Education from Kathmandu University visited Imperial World School to observe our teaching methods and innovative spaces like the Math Park, engaging in discussions and gaining insights on effective math instruction.



Happy Women's Day! We celebrated with Radha Paudel, a dedicated nurse, activist journey on strength, resilience, and empowerment. Students gained valuable insights into dignity, gender equality, and the importance of advocating for a just



Grade 3 students brought 'How Humans Work' to life with stretching exercises, a Zumba session, and a health exhibition on human anatomy muscles, bones, exercise, and nutrition Their creativity and enthusiasm made the event truly enriching!



Let's Plant It - Grade 3 Exit Point on 7th Mar, 2081: A hands-on exploration of nature and growth!



Safe Internet Usage Session for Grade 5 with Sub Inspectors Sudip Deula & Purushottam Paul on 4th Feb, 2081.



Cauliflower Harvesting - Grade 5 on 27th Jan, 2081: A hands-on learning experience in the garden!



Holi Celebration 2081 - 12th March: A vibrant and joyful celebration of colors and togetherness!



Pi Day Celebration at Imperial World School on March 14: Students explored math through interactive exhibitions and activities, fostering curiosity and critical thinking in topics like probability, geometry, and problem-solving!



Math Conference - Pi Day Celebration on 16th March, 2081: A day of mathematical exploration and fun



Farewell to the 81's Batch Grade 10 on 14th March, 2081 Celebrating memories and new